

The Spinach Syndrome  
There Are No Neutrals  
Garment Choices



*Notable Quote:*



(Jesus:) Believe Me, you haven't seen anything yet when it comes to My power and My abilities! My full power runs through the veins of those who are fully yielded, fully submitted, fully obedient, and fully dependent on Me. ... There is *no* limit to what I can do through a man or woman—even a very young man or woman—who is fully yielded to Me! Do you realize what a powerful statement that is? No limit means there are no boundaries. No limit means there are no walls in the way of My will being performed, *if you believe*. No limit means there are no obstacles in the way of My plan and program that can't be overcome or removed or destroyed or turned into steppingstones. No limit means that there is nothing in Hell or on Earth that can get in the way of My power.

("Mama's Visit to Central America," ML #3509:216,219; October 2004)

MADE: THE SPINACH SYNDROME/ Q&As—SEEKING EXCITEMENT?, COMIC FEATURE

*Blade:*

Q&As—Seeking Excitement? \_\_\_\_\_ 10  
 The Spinach Syndrome \_\_\_\_\_ 21

*Comic Feature:*

EarthSim: City Challenge, Part 2 \_\_\_\_\_ 4

*Dig Deep:*

There Are No Neutrals \_\_\_\_\_ 24

*Linkup:*

Garment Choices \_\_\_\_\_ 3

*Snapshots:*

CvsC Review, Part 5 \_\_\_\_\_ 13

EARTH SIM: CITY CHALLENGE, PART 2, DIG DEEP: THERE ARE NO NEUTRALS, LINKUP: GARMENT

**Key Promise:** \_\_\_\_\_ ("Fighting the Enemy," *Key Promises*)

As you call on the power of the keys that turn into swords, you become an unbeatable foe!



**Xn Issue 50, April 2005.** Xn is for ages 12 and up. Parents or teachers, you may read age-appropriate portions of this mag with younger audiences, at your discretion. If you have submissions for Xn, please send them to xn@wsfamily.com. Xn is a nonprofit publication, published free for members. Not to be sold. Copyright © 2005 by The Family International — AM

Cover art by Jeremy/Kristen

# Garment Choices

Linkup

(Xn: Excerpts of a message from Estée, a spirit helper, to her earthly charge.)

(Estée:) Hanging right there in front of you are two garments that you can choose from. There's the garment of praise and there's the garment of heaviness and oppressiveness. It's up to you; you can choose what you're going to wear for the day. The majesty of choice is in your hands, you decide. What you put on is what will make or break your day. What sort of person you will be for the day will be decided by how you dress yourself.

We, your spirit helpers, can encourage you to wear certain garments, but ultimately it's you who decides what sort of spirit you're going to yield to. Will you imbibe the Lord's Spirit today? Will you dress in the garment of praise and fight to rise above? Sometimes it looks and feels a little awkward and it's a little hard to put on, maybe

not the style you feel like wearing for the day. The spirit of heaviness looks more stylish and much easier to slip on, but the longer you wear the heaviness garb the more it weighs on your spirit and further down in the depths you go. Yet the garment of praise makes you lighter, freer, and causes you to be able to rise above. They are both here on your clothes rack, waiting for you. Whatcha gonna choose? Whose spirit will you be yielding to and partaking of? We will be able to tell by the apparel you're wearing.

The garment of praise is the ultimate freedom of the spirit and once you've got it on you're very attractive—irresistible. You are what you wear! Be praiseful! Wear praise!



## Key Promise:

The fettered ways of earth, the worldly mindsets, the chains that keep you earthbound, magically fall off you as you claim the creative power of the keys.

("Faith / Rising Above," Key Promises)

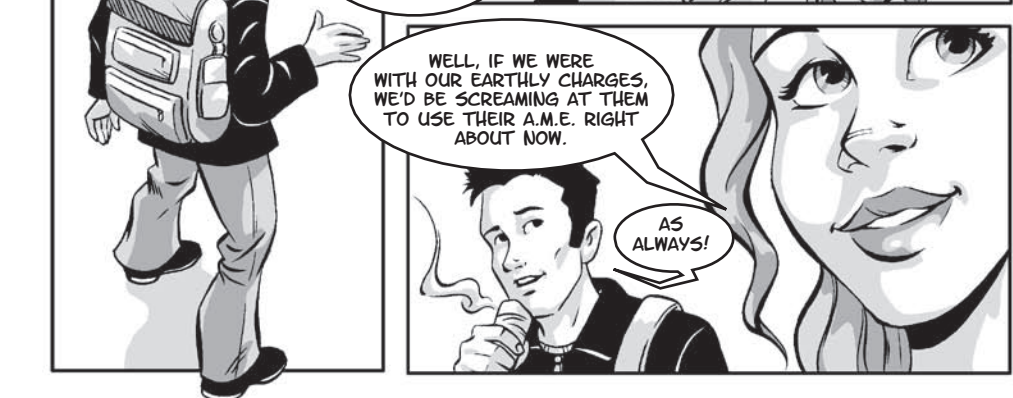
KEY PROMISE: CLAIMING THE KEYS

# EARTH SIM!

## CITY CHALLENGE, PART 2

—An Endtime graphic novel

ART BY JEREMY/  
KRISTEN







CAN I HELP YOU?

UH...

WE'RE WITH THE REDHEAD.



...WHO'S SORT OF DISAPPEARED.

OH, NO WORRIES. I DIDN'T RECOGNIZE YOU, BUT I'M KIND OF NEW TOO.

MY NAME IS MARIE.



FOLLOW ME.

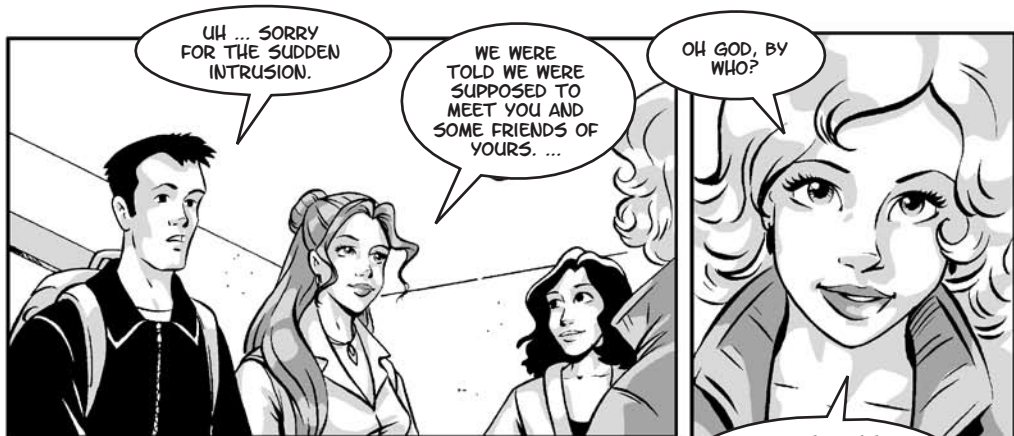


OH YES!  
THANKS,  
MARIE.



PLEASE SIT  
DOWN.





UH ... SORRY FOR THE SUDDEN INTRUSION.

WE WERE TOLD WE WERE SUPPOSED TO MEET YOU AND SOME FRIENDS OF YOURS. ...

OH GOD, BY WHO?

BUT FIRST, I CAN'T BELIEVE YOU STEPPED OUT OF MY DREAM!



I'VE HAD THE SAME RECURRING ONE FOR THE LAST THREE NIGHTS.

WELL, HERE WE ARE.

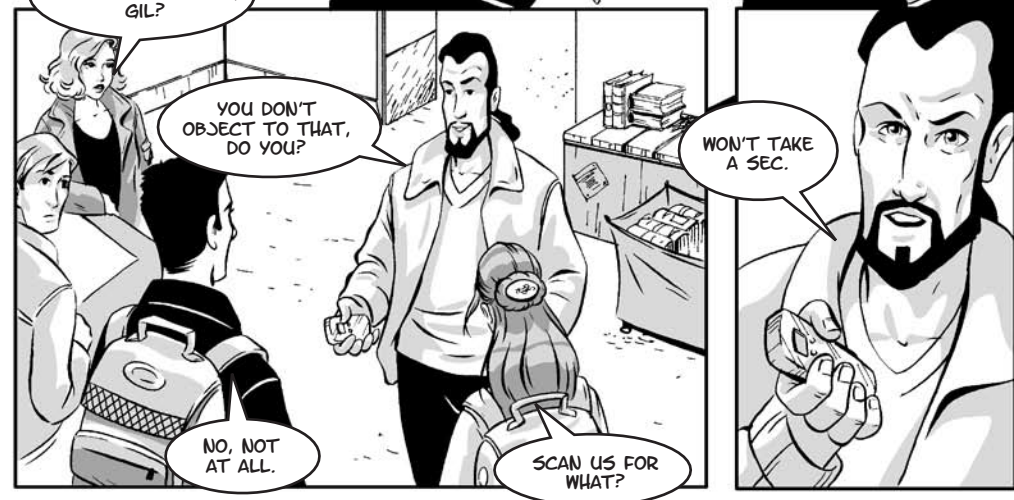
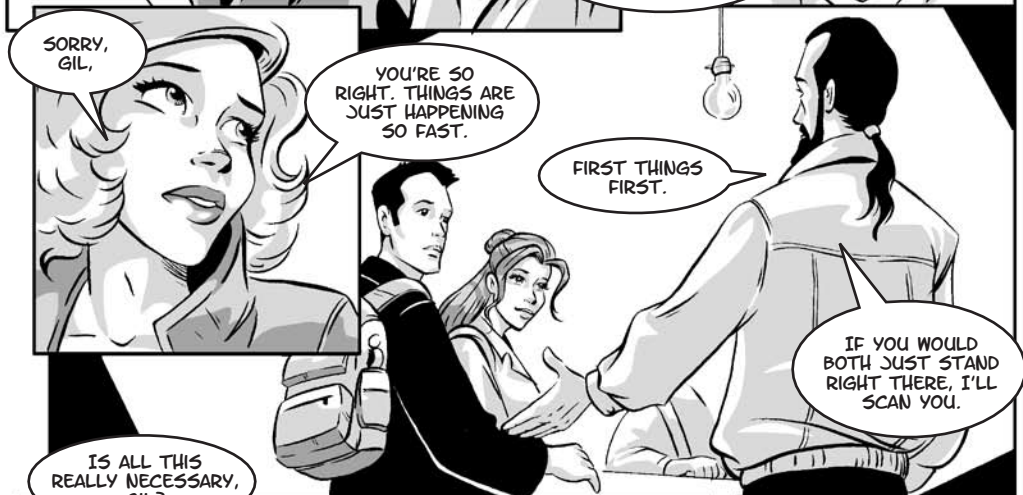
WHAT ELSE HAPPENS IN YOUR DREAM?

YOU KNOW, THE KIND YOU WAKE UP FROM, REMEMBERING EVERY TINY DETAIL?



WE—ME AND MY FRIENDS—BEFRIEND YOU, AND YOU HELP US SOLVE A FEW DILEMMAS WE'RE FACING.





# Seeking Excitement?

*Q: Having excitement and challenge in my life and finding cool things to do is very important to me. But excitement in the physical is often short lived, and I feel like I need more of it in my life.*

(Jesus:) Let Me let you in on a little secret. There's a big difference between excitement in the spirit and excitement of the flesh. Excitement and cool things in the flesh are fun because you can see them and do them and feel them with your physical body. And I will provide a certain amount of physical excitement for you young people because I know it's important to you. I know it makes you happy, and as you love Me and make Me happy, I can't help but bless you. But the longer lasting variety is excitement of the spirit.





AND HELP HER TO  
FIND YOUR PEACE.  
IN JESUS' NAME.

---

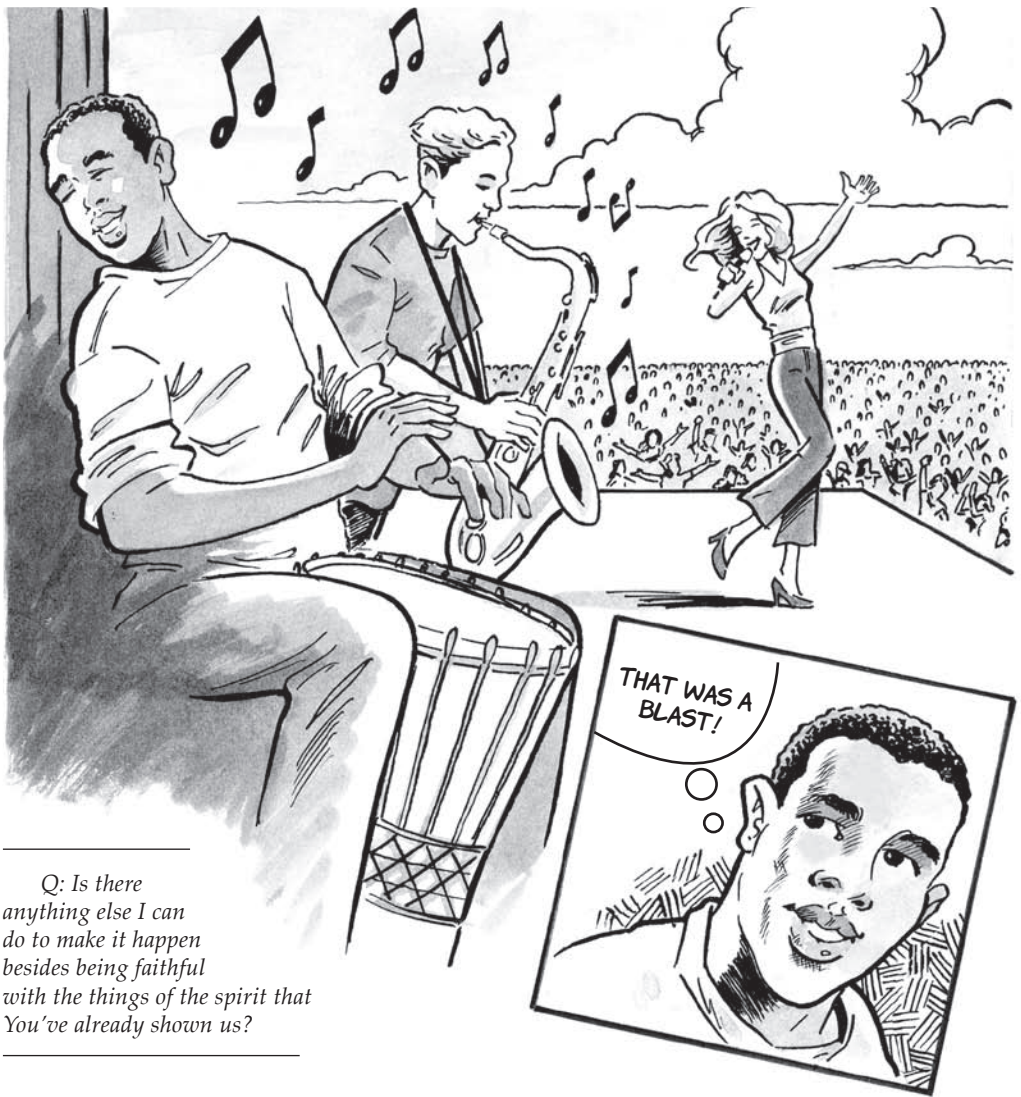
*Q: But I've never been excited in the spirit. I mean, I know I've read many times in the Word that there is excitement in the spirit to be had. But how do you get there, or what do you have to do to get it?*

---

(Jesus:) First off, to get yourself in the position where you are able to receive that spiritual excitement, you have to start off by being faithful with the things of the spirit that I have asked you to do, whether or not you feel like you're getting any high off them. Read My Word, hear from Me, spend time loving Me, pray for others, and claim the keys.

But it doesn't end there; it *begins* there. Some things you have to take by faith, and obedience to the spiritual requirements I place on you is one of those things.

It's through faithfulness to the things of My Spirit that true spiritual highs and thrills of the spirit will come. It's not like you have to try to "make something happen." You just open yourself up to Me, and strengthen your connection with Me and then excitement of the spirit will happen; trust Me.



---

*Q: Is there anything else I can do to make it happen besides being faithful with the things of the spirit that You've already shown us?*

---

(Jesus:) There is one thing you can do. You can pray. You can pray that I will give you the faith and the perseverance to continue on in My Word and in building your connection with Me, so that your spirit will be strengthened more and more. Then I can provide you with the spiritual highs and excitement that you seek. Ask Me to help you to be more attuned to the spirit world and to see and believe more in the things of the spirit. And then stand back and see what I will do, and how I will answer your prayers. It's going to be thrilling, believe Me.

I have thrills and excitement to give you that will far surpass the things of the flesh. New, fresh, adrenalin-pumping spiritual experiences for you that will make the thrills of the flesh seem like cheap imitations. There's so much in store. Hold on to your hat!

(Xn: Got a question for Jesus? Send it in to [xn@wsfamily.com](mailto:xn@wsfamily.com) and you just might see it come out in Xn!)



# CvC REVIEW PART 5

ART BY ZEB

## RECAPPED: “ARE YOU A DISCIPLE? —CONVICTION VS. COMPROMISE, PART 5”

(GN 963)

### KEY POINTS

world today make compromises *legitimate*, or because the attacks of the Enemy are so much more intense now than when the FGAs were young.

○ Many people, young and old, justify the weaknesses of the second generation, saying our young people can't be expected to forsake all or be totally committed, either because the circumstances of the

“NQs”—Notable Quotes—are taken from the particular CvC GN this “Snapshots” is recapping, unless noted otherwise.



○ The battle is greater these days; you face more intense spiritual battles and a stronger pull from the System. But that is no excuse for toning down your conviction, because you also have much more spiritual education and new weapons. You have a greater understanding of intercessory prayer, the ability to rise above, the keys of the Kingdom—and with these, nothing is impossible to you. So the same can be expected of all in the Family today as in the beginning.



NQ: Start right there with the person in the mirror and let's give you a makeover. Let's get back to discipleship.



○ It's the responsibility of each Family member to see to it that we don't just drift back into the System, settling down in a compromiser's limbo. (Read "Dropouts!—Part 1," ML #42.)

○ Life is certainly much different for you SGAs. You are different; you're not like your parents. The Family has changed tremendously from the early days. No one is trying to go back to the past as far as the way things were done, but the basic principles and requirements of full-time *discipleship* in the Family have not changed. That's the same for you of the second generation no matter *how* different you are from your parents! What Jesus said about being His disciple has not changed! It's been the same for 2,000 years and it will remain the same!



NQ: *Live and die for the Family—the revolutionary, hot, wild Family that you've barely known. Open yourself up to it, and you'll see what it's really all about.*



## WILD AND EXCITING PLACES



I can take you of the second generation so many new, wild, and exciting places, if you just plant your lives solidly on the rock that is Me and My Word. You have to build a strong foundation that won't slip and slide around when the storms and rough rides come, and likewise that won't get off-center when you're thrust into the future of all that I have in store for you.

Fulfill your destiny by making your calling and election sure, by living the Word revolution, by absorbing the New Wine. We've got many places to go, and the revolution is just beginning!



NQ: *Times have changed and the war is a completely different one. But that does not change the discipleship standard—the code of Endtime Christians that I've called you to uphold.*



PAN

BACCHUS

○ Two evil spiritual powers are targeting the children of David, but especially you young people. They are the principalities of Pan and Bacchus.

○ Pan is the arch-demon whose aim is to gain control over the mind. Under his jurisdiction is *the demon of rejection*, the evil power that seeks to *question, demean, and reject the truth, the Word*. Pan is the *enemy of faith*, and he seeks to *bring up doubts, questions, analyzing, distortion, complexity, confusion*—anything that would stand in the way of accepting the Word in childlike faith. Music is one of Pan's vehicles, which allows him entrance to the mind.

○ Bacchus' jurisdiction is over the principality and stronghold of *addiction*. His mission is to *separate you from the Lord, to cause you to turn to your addictions—any number of physical or fleshly crutches and excesses*.



NQ: *These two evil powers could be causing you personally a lot of trouble, so launch an aggressive attack today and rout them, crush them, rebuke them!*



- You senior teens, YAs and SGAs are influencing your younger brothers and sisters! *You're* the ones they look to. You'll be held accountable for the sample you set and for leading them to the Lord or to the System, depending on how you live your lives. All they have to do is *watch you*.



Ask yourself:

- How do I spend my time?
- What do I talk about?
- What do I love?
- What kind of education am I looking for?
- Why do I live in a Family Home?
- Am I a disciple?



## TEAMWORK WITH ME



If you're not really sure how to gauge your life right now, feel free to ask Me the above questions, so I can show you how I see your life, how you live, act, prioritize, and revolute. I can show you what to place priority on in your personal life goals, if you're having trouble with so many distracting lesser priorities that you're losing the vision for why you're serving Me.

Let Me be an active participant in your life, to show you how to spend your time, what to talk about, what and who to love, what kind of education to focus on, the reason for living in a Family Home, and how to be a true disciple. I won't fail you if you truly teamwork with Me.



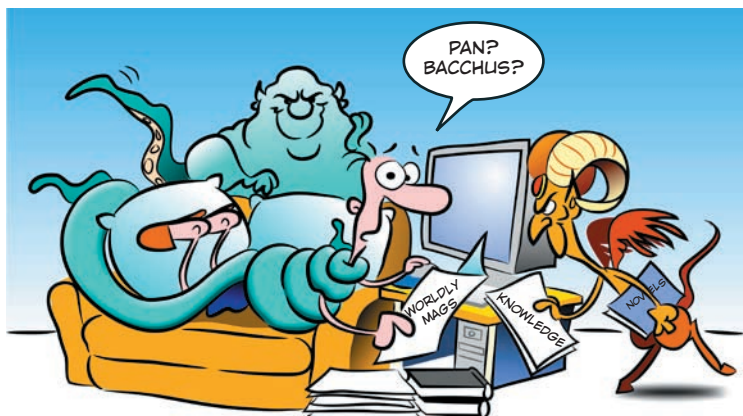
NQ: Are you a disciple of Jesus, or a part-time missionary, or a social worker, or a Christian English teacher, or just a cool dude? How would you describe yourself?



(A.M.E. = "Ask Me Everything")

(?) Have I lost my appreciation for the blessing of being in the Family, because I've never known anything else? Have I become lazy and lethargic and self-satisfied and self-indulgent, with a false sense of security, out of touch with Dad and his teachings, and out of touch with You, Lord?

(?) Have I fallen prey to the attitude that the same level of dedication and commitment upon which the Family was built cannot and should not be expected today? In what ways have I let the spiritual standard slide in my own life? What do I need to change in my life, actions and mindset in order to be living the life of a true disciple?



(?) In what ways has Pan influenced my life and mindsets?

(?) In what ways has Bacchus influenced my habits, desires, and way of life?





NQ: You won't automatically fulfill your destiny, unless you live the way the Lord wants you to.



HERE ARE SOME AWESOME LETTERS EXCERPTS LISTED FOR YOUR REVIEW. FEEL FREE TO LOOK UP THE ORIGINAL GN CHECKLIST—GN 965—FOR THE FULL READING LISTS.

## OOOOO LETTER LINKS OOOOO

### YOUNG PEOPLE BEING REVOLUTIONARY TODAY:

- ☐ "New Bottles," ML #251, DB 5
- ☐ "A Dream About Hearts Aflame," ML #2703, DB 10
- ☐ "Issues, Part 4," ML #3306:1-27, GN 909

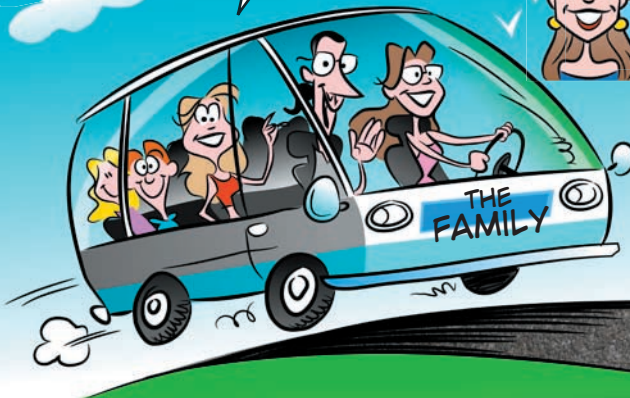
### COMBATING PAN AND BACCHUS:

- ☐ "Crisis of Faith—More on Doubts, Part 1-3," ML #3088-3090, Lifelines 23

- ☐ "Freedom Through United Prayer," ML #3171, GN 776
- ☐ "Issues, Part 3," ML #3302, GN 904
- ☐ "Issues, Part 5," ML #3322:25-35, GN 925
- ☐ "Changing Deeply Ingrained Habits and Mindsets," ML #3324, GN 929
- ☐ "Doubts," *Word Topics*
- ☐ "Overcoming Bad Habits," *Word Topics*
- ☐ "Carnal Reasoning," *Word Topics*



THIS IS THE BEST PLACE TO BE!



NQ: You should be in the Family because you love Jesus, want to serve Him full time, and you believe this is the best place to do that.



The keys of revolution give life and have the power to turn you into a dedicated disciple for Me.

("Discipleship / Relationship to the world," *Key Promises*)



To effectively stand strong in My power and live the life of a revolutionary disciple, claim the keys of conviction, boldness, and My direction to guide you, as you walk the glorious path of My will that is lined with fulfillment and joys the world only dreams of.

("Discipleship / Relationship to the world," *Key Promises*)



Then said Jesus unto His disciples, If any man will come after Me, let him deny himself, and take up his cross, and follow Me.

For whosoever will save his life shall lose it; and whosoever will lose his life for My sake shall find it.

For what is a man profited, if he shall gain the whole world, and lose his own soul? Or what shall a man give in exchange for his soul?

For the Son of man shall come in the glory of His Father with His angels; and then He shall reward every man according to his works.

(Matthew 16:24-27)

# V

# A

## isibly Rising Above



(Mama:) When you find yourself in a situation where a battle seems to be continuing, it's very important to not just keep going along business as usual, but to take the time to find out from the Lord what's happening in the spirit. What's missing?



What do you need to do in order for things to be in line for the victory?

**JESUS, HELP!**



While rising above is a spiritual effort, and it's something that largely takes place in our minds and is mostly unseen, it's not a vain exercise that doesn't ever show itself. If someone is truly rising above, there is evidence; there is good fruit.



Either the person is healed or delivered, or they at least receive power to be cheerful and positive in the face of affliction or difficulty, and remain fruitful and effective in their work and service to the Lord. They are given the strength to continue to endure and overcome victoriously, even if the battles continue.

### KEY PROMISE:

THE KEYS OF PRAISE AND RISING ABOVE ARE CONNECTED, AND WHEN ACTIVATED, CREATE A POWERFUL COMBINATION TO DEFEAT THE ENEMY.

(“PRAISE,” KEY PROMISES)

It's not the Lord's will that we are so afflicted or distracted or burdened with spiritual battles and attacks that we can't do our jobs for Him.



If that's happening, that is *not* rising above; that is being crushed under the attacks of the Enemy, and it's needless.

("Fight to Win!"  
ML #3457:9-11)



**...AND I'M NOT GONNA  
TAKE ANY MORE OF THAT!**

**KEY PROMISE:**

RIISING ABOVE IS NOT  
A WORK OF THE FLESH;  
IT'S RESTING IN HEAVEN'S  
LOVE THROUGH THE KEYS.

("RELIEF FROM PAIN,"  
KEY PROMISES)

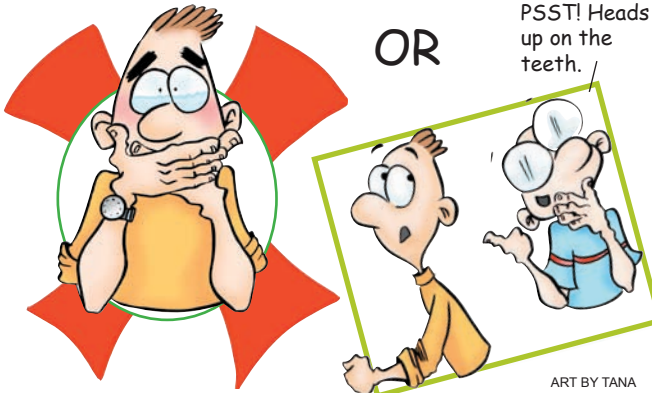
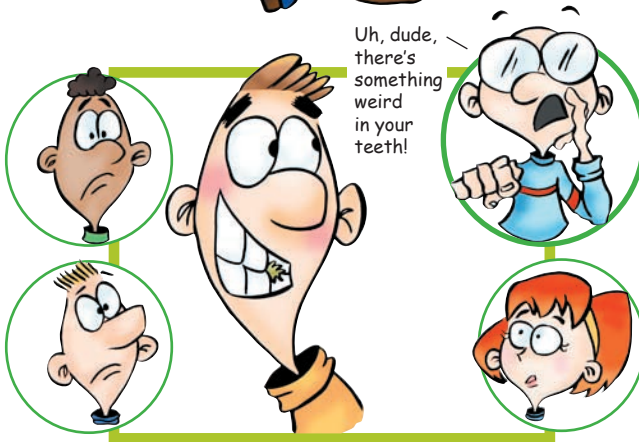
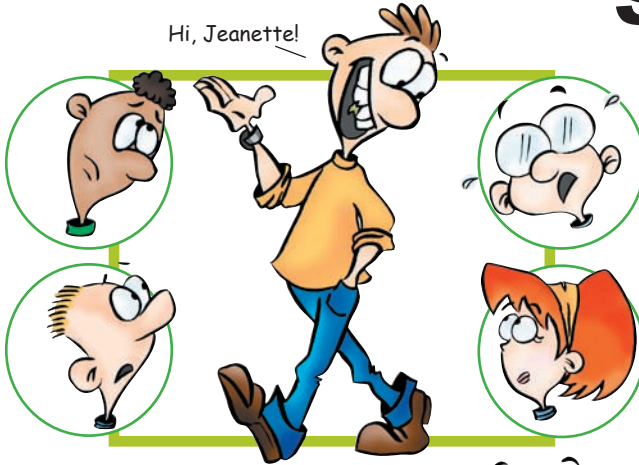


(Xrn: See the section "Faith / Rising Above" in *Key Promises*, and related categories, for more insight into rising above!)



# The Spinach

## Syndrome

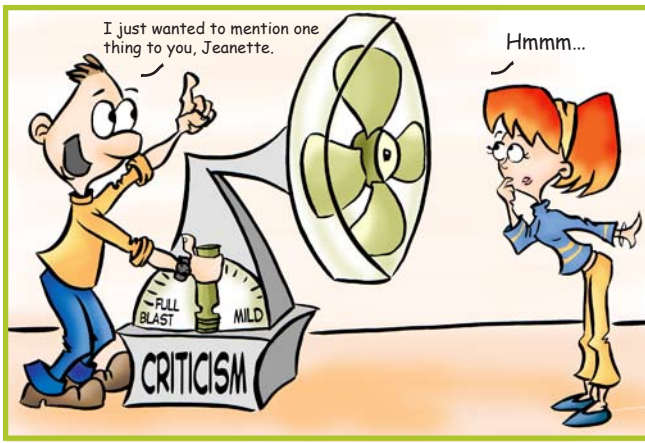


(Jesus:) “Open rebuke is better than secret love” (Pro.27:5). I’m sure you’ve heard that verse before, but in a way it goes right along with, “A real friend will tell you when you have spinach stuck in your teeth.”

Think of it as if you were walking around oblivious to the fact that you have food stuck between your teeth for all to see. Wouldn't you want someone to mention something to you? Or would you prefer to go around advertising what was on the dinner menu?

Now it's one thing if someone yells across a room full of people saying, “Hey, you've got some weird stuff in between your teeth!” And you quickly leave the scene of embarrassment in order to remedy the situation. But it would be a lot more pleasant for you if the individual came to you and quietly stated the spinach fact to you.

ART BY TANA



That would be a lot less embarrassing and easier to handle.

Well, the saying and the concept might be simplistic, but the point is very valid. If you don't like walking around oblivious to an obvious wrongdoing, then most others don't either, and that's where you prove to be a true friend—by coming and mentioning something to them. Of course, the presentation is very important and you don't want to blow someone away with your “constructive criticism.” So take a minute to think about how you would like the issue presented to you if you were in their shoes, and that will



give you a better understanding of how to bring things up.

I know the first step is very difficult, and it's hard to point things out to your friends.

But you've got to remember how you would feel if you were in their place and how you would want the help, and that will also help you to speak the truth in love to your friend.





You've got to be willing to be embarrassed yourself in a way. You've got to be willing to humble that ol' pride and confront the one in need of help. It can be pretty hard on your part to say something, because you're worried about how the other person will react. But if you are doing your part to try to feel what others feel, then you will be guaranteed success in your interactions with others, and you'll also find it easier for you to take it when it's your turn.

So, don't let the "spinach" scare you. Remember that you all need each others help to grow. Your friend needs you to speak a word in truth and you need him in those difficult moments. So be open and willing to take the first step in love.



**KEY PROMISE:**

CALL ON THE POWER OF THE KEYS OF DIPLOMACY AND LOVE IF YOU MUST SPEAK ABOUT PERSONAL MATTERS, AND I WILL POSSESS YOU COMPLETELY, ENABLING YOU TO COMMUNICATE IN MY SPIRIT.

(*"Love," KEY PROMISES*)



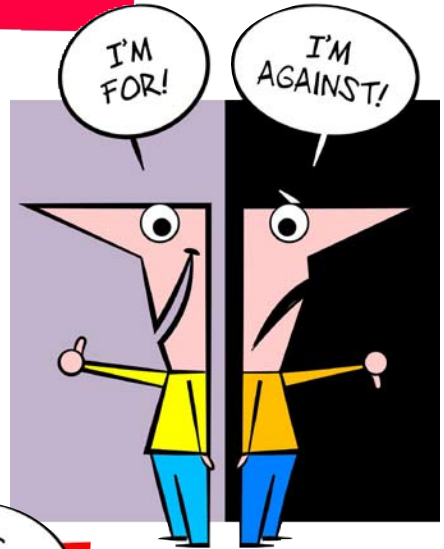


Jesus said, "You're either for Me or against Me. And he that is not for Me is against Me." If you're for Him, you are living for Him. There are no such things as neutrals.

Nobody is neutral! Everybody has a bias for or against. You're

# THERE ARE NO NEUTRALS

By Dad



CAPITALIST



COMMUNIST

ART BY ZEB

either a capitalist or a communist. You're either a conservative or a liberal—a rightist or a leftist—right or wrong. There is no such thing as neutrality on anything. You're either alive or dead, hot or cold! But if you claim to only be lukewarm, you're nothing but a lukewarm liar, good for nothing but to be spit out.





ALIVE



CONSERVATIVE



LIBERAL



#OT



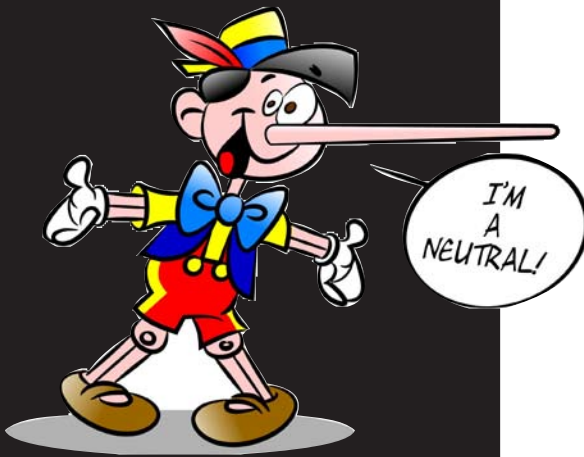
COLD

[They're] trying to kid [themselves] into thinking [they're] neutral and in-between, broad-minded, fair-minded. Oh, the neutral is always so fair! "I can see both sides." There is no such thing as both sides!

There are no neutrals! You're either on one side or the other. And the worst enemies are the liars who claim they have no opinion, the so-called undecided. The so-called neutral is the venomous snake in the grass covered by the camouflage of neutral shrubbery, but coiled and ready to strike with deadly aim from his position of neutral security. The neutral is the most dangerous enemy of all!

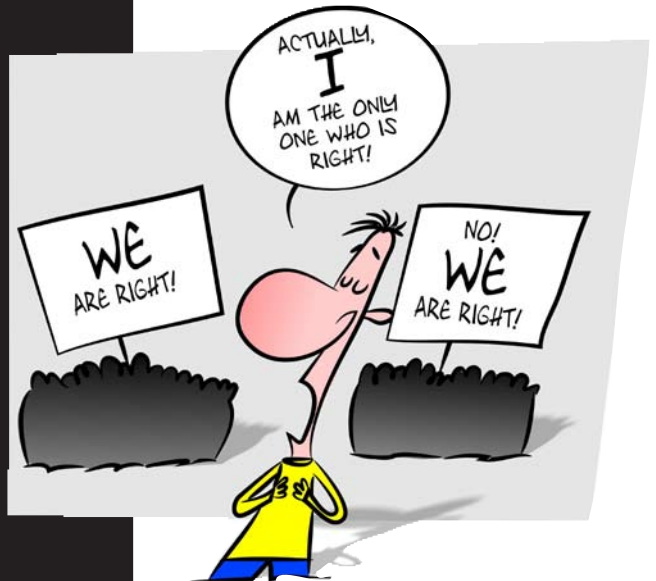
Neutrality is treachery and the neutral is a traitor! Every so-called neutral ... is a liar and a hypocrite pretending to be everybody's friend and nobody's enemy, when in their hearts they know exactly where they stand, and which way they'll go when the showdown comes.





Only one side can be right and only one side can be wrong, so in claiming to be neutral and pretending to see right and wrong on both sides, the neutral puts himself above everybody. He is the “most righteous” of all. He can see how everybody’s a little bit wrong but him, and he is the only one right—the only one who really sees the truth, which he claims is somewhere in between, which makes him the worst liar and most treacherous enemy of all!

[The neutral] comes pretending to be a helper, but turns out to be a destroyer—and the worst of all destroyers—for he destroys within, where he can do the most damage. Like the termite, he bores from within unseen and unheard, weakening the structure.





There are no neutrals! There are only traitors or martyrs. Which are you? The martyr expects and wants to die for the cause as a witness. He'll pay any price, go any length, suffer any agony, make any sacrifice, "till death do us part" to obtain the crown. He's dying now and knows it. He dies daily and loves

it. He suffers and rejoices in it. Nothing could possibly sway or turn him. He doesn't know how to be a deserter. To whom would he go?

He knows what he wants and he is determined to get it. He has faith and vision, and determination, and the spirit of do or die. Unlike the

double-minded neutral who wavers and is unstable in all his ways, who will receive nothing from the Lord, the martyr is of one mind, one heart, one soul, one spirit, one purpose, and will not quit until he's made it!

("There Are No Neutrals." ML #F:1-2,6-9,12-13; March 1970)



TRAITOR



MARTYR



### Notable Quote:

(Jesus:) Like it or not, you are in a war of the worlds. No matter what personal choices you might make, this war is raging and will touch all the inhabitants of the Earth. The Last Days are playing out—it is inevitable. As the passageway narrows, the time quickly approaches when no neutrals will stand; all must choose to be either for Me or against Me. Those who are not strong in My Word will fall.

("Pray, Obey, and Prepare!" ML #3420:150; September 2002)

### Notable Quote:

(Jesus:) You must return to the black-and-white simplicity of My truth. Some things are right and some things are wrong; this is true open-mindedness. To understand the mindsets and views of weak, corrupted men is easy; to open your mind to their doctrine is not hard. But to understand the infinitely more powerful truths of God requires a *truly* open mind. It is a more radical and far less accepted view these days to know that some things are right and some are wrong, than the milder viewpoint that everything is okay depending on where you're coming from. You must get back to the absolute truth and standard that I created and ordained—not the distorted, neutral, "I'm right, you're right, we're all right because we're doing what seems right in our own eyes."

("Shooting Straight, Part 7," ML #3506:144; August 2004)

### Key Promise:

Claim the keys of faith and conviction that you might be as the martyrs of old who lived My Words and brought many to Me through their sample.

("Conviction," Key Promises)

