

Quality Word Time

○ How to get it and how to keep it!

Part 1

By Maria

ML #3549 6/05

Dearest Family,

1. In this Letter I'm going to share excerpts of messages with tips and counsel about how to maintain the most important part of our lives, and grow in it—our relationship with our Husband, Jesus, and specifically our time spent in His Word. Unfortunately, it's also the part of our life that the Enemy fights the most, and, I would venture to say, that we most often fall short in. The Devil targets our Word time because he knows that if he can get us disconnected from our source of spiritual strength, we'll soon die spiritually and will no longer be a threat to him and his kingdom.

2. In this Letter, and others that follow in this series, I'll share with you excerpts of prophecies that a number of you received at the Family Feast 2003*, after reading "What Is Jesus Worth to You?" (ML #3433, GN 1016). If you haven't studied that Letter lately, you would probably find it helpful to do so soon. It is a very convicting message from the Lord, and makes abundantly clear what the Lord expects of us in regards to our time with Him. You're guaranteed to feel motivated and convicted after reading it! *(Note to Active members: If you haven't yet had the chance to read this New Wine Letter, please ask your Home to share it with you!)*

*The Family "Feast" is a time of spiritual retreat. Each year, Family Homes around the world take three days for prayer, united reading, prophecy, and discussion as a Home, centered around a theme or topic that is presented in new Letters specifically designated for the Feast.

3. I'm not going to repeat everything the Lord said in that message to us, because you can go back and reread it, and it's just as good and applicable today as it was when He initially gave it. If you've been feeling as if you're slipping in your commitment to your Word time, or that your spiritual life needs a boost, "What is Jesus Worth to You?" has the answers you need!

4. This Letter will now focus on tips and counsel regarding how to make the Word revolution a reality in your life—and the real challenge: how to keep it alive, consistent, and maintain that quality time!

5. The Enemy will never give up fighting this aspect of our lives. He will always be trying to distract us, disturb our time with the Lord, convince us that other things are more important, and somehow keep us from con-

necting with Jesus and taking the time we need to be spiritually strengthened. So because the spiritual battle is constant and you have to face it every single day, I don't believe we can be reminded too often of how important it is that we fight for that time.

6. Don't let the continual battle to get your Word time discourage you. If anything, knowing how viciously the Devil fights it should underline its importance, and make you realize how high the stakes really are. If he's trying so hard to keep you from it, it stands to reason that the battle for your Word time is a pretty important one that you can't afford to lose. Winning or losing this one battle determines the outcome of practically all other battles too. It's a deal breaker!

7. (Jesus:) Faithful, consistent, quality time with Me is the key to everything else in life. It's the key to productivity. It's the key to wisdom. It's the key to having your works remain, rather than being destroyed by the first opposing storm (Mat.7:24-27). It's the key to My blessing. It's the key to leading a balanced life. It's the key to happiness. It's the key to loving and fruitful relationships with co-workers or loved ones. It's the key to everything good!

8. It's a law of the spirit that when you put Me in first place, everything else falls into line. It's a promise I've given over and over to My children throughout history: "They that seek the Lord shall not want any good thing," and, "Seek first the Kingdom of God and His righteousness, and all these other things will be added unto you" (Psa.34:10; Mat.6:33).

9. If you haven't yet made quality time with Me a habit in your life, start today! Make a commitment. Make it sacred. Set aside the time and follow through at all costs.

10. If you have made it a habit, then drink deeply from My Words now and let them encourage you that by putting Me first each day, you're doing the most important thing. Let the ideas and counsel I share with

you here add spice and flavor to your already tasty and wonderful life.

11. You never lose by giving Me your best, My loves. Your Word time is the tithe of your time to Me, and just as tithing your money brings financial blessings because it's a principle of the spirit, so tithing your time by setting time aside daily for Me and My Word brings down My blessings on your entire life.

12. My Word cannot be overrated. It is THE secret! (*End of message.*)

13. (Maria:) The messages that follow were all received by individuals as personal counsel from the Lord to them. Some specifics that the Lord gave someone else might not totally apply to you, but I think you'll find a lot of helpful tips in these messages that you can apply to your own situation and benefit from.

14. Over 100 Family members sent me their personal prophecies on this topic, and there are excerpts from many of them in this Letter, and the Letters that follow in the series. Many of the practical ideas and tips the Lord gave, He repeated over and over to many different people, but I'm just including one or two mentions of each concept here.

15. I pray this counsel from the Lord is a blessing to you, and gives you the encouragement and motivation you need to make your time with Him the most important item on your to-do list, the most unbreakable appointment you keep, an inviolable part of your day.

16. If you struggle with getting your Word time even after reading all these great tips, don't get discouraged. That's to be expected. Keep fighting for it! Ask the Lord what will work for you, and then do it. Claim the keys of spiritual hunger, faithfulness, consistency, obedience, and keep following through.

17. Keep rebuking Obstacon and proceeding forward in obedience, and he will be powerless against you. One day at a time, you will be spiritually strengthened, and one day at a time, the Enemy will be defeated!

With much love, Mama

Who is Obstacon?

18. Obstacon is the demon who obstructs God’s children from absorbing and living His Words. His name is derived from the word “obstacle.” He’s a master of obstacles, and will use anything and everything to deny the truth and oppose and stand in the way of your personal progress. His main skill lies in using good intentions and works to keep us from doing the Lord’s best, and in using devices and obstacles to keep us from absorbing and applying the Word. He is a master at mixing up priorities and is quick to change tactics when one isn’t working well.

(Jesus:) **[Obstacon] is cunning, wise, and crafty.** He is clever, sly as a fox, devious and misleading. There are many sides to his nature. [He] puts mountains before you that must be hurdled, [and] he is also out to stop you through more refined and subtle means. He is suave. He uses his many charms to obstruct your way, and he is clever and sharp as a fox.

Beware of his strategies, for they are many. He offers that which is pleasing to the eye, appealing and logical to the carnal mind, satisfying to the heart of flesh. He seeks to seduce you with good things, good intentions, offers that are attractive, that look good; yet though good they may be, they are not the best. He tempts with good things, but not the best things, for they keep you from absorbing and applying My Words.

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(Jesus:) **The archenemy of Obstacon is the Word.** It is his defeat, his nemesis. He fights it, but he knows that he is no match for it.

In claiming the power of the keys to defeat Obstacon, you must wield them

through your obedience to My Word. That is a condition to their use.

The greatest thing you can do if you wish to defeat him is to call on the keys for strength to obey and persevere. Claim the keys against distractions and claim them against Obstacon, and then proceed with determined obedience—read, absorb, and live My Words. As you fight to do that, you are fighting Obstacon, and he is defeated through your obedience. He will try to dissuade you, distract you, and deter you, but as you persevere and obey, he meets sure defeat. (ML #3434:35–36, 50–52)

Live in the Word

(All of the following excerpts of counsel are from Jesus and were received in answer to the question, “How can I live more in the Word? Please give me practical suggestions and tips that You know will work for me.”)

Stay within the magnetic force field of the spirit

19. You must set safeguards in place so that you can easily and clearly see your bounds. Outside this charmed place of obedience, the magnetic forces of the Enemy have a stronger pull, so I don’t want you to walk too close to your boundaries, staying right at the edge of your Word meadow, whether intentionally or unintentionally.

20. That’s why you need safeguards—like a strong, bright fence around your meadow. I’m not asking you to put safeguards in place because I want to keep you captive, or to restrict you, or because I don’t trust that you can’t stay here without the fence, but it’s to make it more difficult for the Evil One to trick you into overstepping your boundaries by accident or out of forgetfulness.

21. Here is what you can make this fence out of—the sturdy boards that you can use:

22. • Sheer determination that no matter what, you will get your Word time each and every day. Missing it is not an option.

23. • Letting go of the way you think your days should go and instead looking to Me with an open heart, asking what I want done every day.

24. • Fighting against getting distracted and pulled into other things of lesser importance, or those that I show you that you don't need to get involved in.

25. • Humility to ask for help when you need it so that you can get your Word, while someone else helps with your children or a job for a while.

26. • Agreement with your husband [or wife] regarding how you will help each other and check on each other.

27. • Humility to receive advice and act on it. For example, stop doing something you're really into when you're supposed to be having Word time when someone mentions it.

28. • Opening your life to work more closely with others instead of feeling so self-sufficient.

29. • Forgoing other plans or activities at the end of the day if you haven't had your Word yet.

30. These will be a good start for you, and I will continue to give you more ideas and solutions as you go. But please, My love, ask for My help and answers whenever you get stuck. Whenever you hit a bump or fall in a ditch, instead of struggling by yourself, call on Me and your spirit helpers. I will never fail to show you the answer, and the answers will make it possible for you to stick to your commitment. That's what it takes to make this a lasting change—continually calling out for My help, asking for My specific and personal instructions, and then just doing it! Just do it!

There will be exceptions to your regular Word time schedule, but I would like the exceptions to be so rare that you seek Me in prophecy each time you have to make an exception, and ask Me specifically how you're going to make it work to have good Word time later.

Take from the world to give to the Lord

31. To live more in the Word means to live less in the things of the world; it means to take time from the world to give to the Word; it means that the time in the world or worldly input will decrease and the time in the Word will increase.

32. Picture a small glass cylinder shaped like a “U” with colored liquid in it. On one side is written “world,” and on the other side, “Word.” To have more time in the Word means simply that the liquid will have to move off the world part toward the Word part. You must seek Me and ask Me to help you to evaluate your level of Word versus your level of world. Ask Me what you can do to improve and increase your Word level.

33. To live this Word revolution requires a complete change of mindset. Your Word time is building up your love relationship with Me, loving Me and desiring Me more than anything else. Other things will have their place too and will come in time, but I and My Word come first.

34. A desire to know and understand the workings of the spirit world is more important than understanding the world and its ways. The world and all that is therein is only temporal, but the spirit world is where you'll live your real life (2 Corinthians 4:18).

A personal audience with the King of kings

35. There is something wrong if you're just reading the Word but not getting fed and inspired and turned on about it. And the problem is not with My Words—it lies with

you and with the amount of effort that you put into receiving My Words and really “studying to show yourself approved unto God” (2 Timothy 2:15).

36. I ask you, if I were here in the room, telling you these things face to face, in a personal audience with you, would you treat Me with the same indifference, boredom, or familiarity that you are tempted to when reading My written Words? Well, you should look at it that way—that every time you read My Words, or hear from Me in prophecy, it’s the same as a personal audience with Me, the King of all kings, and I am presenting you with special Words of wisdom, My counsel, instruction, guidance—words that you need desperately in order to do the job that I have asked you to do. Although I love you as a Husband and a Lover, a Friend and your Comforter, I am also your King, the King of the Universe, and it hurts and saddens Me when you don’t treat My Words with the respect, admiration, attention, and reverence due Me.

37. You can picture this in your mind’s eye the next time you have your Word time or prayer time, and that will help to convict you every time that you start spacing out or not really tuning in and getting all that you should from it.

38. And, really, that’s what your Word time is—it’s a personal audience with Me in which I pour out My Words and instruction to you and I expect you to act upon them and obey them. I don’t give it just for the sake of giving it, but I give it because I know that you need it and that your life, your happiness, your success and progress in your life, your ministry, your everything depends on it!

“Make no exceptions!”

39. You cannot depend solely on united Word times for your feeding. You must have time alone with Me. Sometimes your united devotions, combined with your personal time of hearing from Me, may be sufficient; at other times you may need more personal time with

Me. Go into this Word revolution with the goal of spending intimate time alone with Me every day—time in the Word and hearing from Me.

40. Don’t go for the minimum, but go for the maximum! I’ve been showing you in recent months how you can get more Word into your life by listening to the Word while you’re doing other activities. That cannot be considered your only Word time, as it’s not pure quality time, but you certainly shouldn’t stop doing it. Make it a personal goal to use all the spare minutes possible within a day to take in some type of spiritual feeding.

41. You’ve had a real struggle making a habit of taking time to hear from Me personally every day. You’ve tried various methods and schedules, and while some things have worked for a while, nothing has “stuck.” It’s not bad to change methods from time to time, depending on various circumstances such as your health, your workload, the weather, etc. But if something’s not working, what you need to do is pray right away about how to fix it, and not just give up and think, “Oh, well, it’s not working, too bad.”

42. You can’t let things slide, not even for a day. If this Word revolution is going to be real to you, it has to be the most important thing to you, always and every day, with no exceptions. One little exception leads to another. Remember that, and make it a personal motto to “make no exceptions!” Even if you’re traveling, extremely busy, sick, or whatever the case may be, you can always find a way to have quality time with Me. Make no exceptions.

43. I want you to be fanatical about this! Make your time with Me your primary passion in life. Your time with Me is the proof of your dedication to Me and to being My disciple. I am your God and I will have no other gods before Me. When you make exceptions, you’re saying that something else is more important than Me, and you’re giving something else first place. That is nothing less than spiritual idolatry. From this time on, that’s not acceptable to Me. It must stop.

44. I would naturally prefer that you spend time with Me because you really want to, because you hunger for it and desire it—and sometimes you will, and the more you make a habit of it, the more frequently that feeling of hunger and desire will occur. But you can't be led by your feelings, and you won't always have those feelings, even if you've made it a very good habit. So in times when you don't have the feelings of desire or need, I'd rather you do it even out of fear or duty than that you not do it at all.

45. I want your love, and I would rather that you are motivated to obey out of love. But even when you don't feel that motivation, I still want your time and your heart and your focus, and as long as you're giving Me that, I don't care so much how you "feel" about it.

46. If you're inspired about it and looking forward to it, if you're hungry for it and feel the need for it, that's great! But if you sometimes do it simply because you know that there will be consequences if you don't—or even if at times you do it dispassionately, or even somewhat begrudgingly out of a sense of duty—no matter what the case, no matter how you feel, I want you to do it. Just do it! Do it every day. Make no exceptions. Obey My commandment.

This Word revolution is in preparation for My full possession* and taking on My mind. This Word revolution is the predecessor to truly tapping into the fullness of the power of the keys. It doesn't get much more important than this. Seeing that, understanding the full meaning and importance of this, knowing just how critical it is to make Word-based mindsets into long-lasting habits adds a great deal of impetus to the vision. (*See pages 10–11 of *Link issue 2*, as well as the *New Wine Letters* "Full Possession," *ML #3376* and "The Gift of Heavenly Thought Power," *ML #3377*.)

Take time to recall

47. When you start your daily reading, take a moment to think about what you read yesterday. Right now, if I were to ask you what you had read over the past three or four days, it might be hard for you to remember. It's good that you read what you did in those Word times, and My Word never returns void and always has an effect. But you should also seek to make that effect as long lasting as possible.

48. By taking a moment to think of what you read the day before, to at least go over the theme of that Letter in your mind for a moment, or some of the main points, you plant it deeper in your heart and mind and make it more a part of you. You'll remember it longer and will be more likely to take action on it, to be a doer of the Word and not just a forgetful hearer (*James 1:22–25*).

49. Also, when you're finished with your Word time in the morning, take a few moments to think about what you've just read. This embeds it deeper in your spirit and being and helps you to put it into practice. Review the main points for a moment, to ensure that they didn't go in one ear and quickly out the other. Repetition is the law of memory, and you will remember these principles better this way.

50. Ask yourself how you plan to practice what you've just read—not just in the future or as a good thing to implement someday, when it's convenient, but this very day—today!

51. Is there some area of your life where you've been lacking a little conviction or haven't been fully obedient? Change it today! Do it now! Just do it, and you'll get the most wonderful feeling of spiritual satisfaction, even if it is tough at first! That's part of My reward to you for obedience.

Quality, not quantity

52. As you read, make more of an effort to concentrate on what's being said. When you come across something that speaks to your heart or really hits you, take time to

meditate on it and absorb what it's saying as fully as possible. Don't be so concerned with getting through a lot of material, or a certain amount of material, but be concerned with getting the point and rereading parts when it's necessary so you more fully catch it. Call on the keys of concentration and understanding. "Get wisdom, get understanding; forget it not; neither decline from the words of My mouth" (Proverbs 4:5). For, "Happy is the man that findeth wisdom, and the man that getteth understanding" (Proverbs 3:13).

Love for the Word comes by living in the Word. The more you live it, the more you'll love it.

I always have something special for you!

53. When you're having Word time in a group setting and you're reading something that you might not have chosen for yourself at that time, you must make a greater effort to be fed from it. Harness your mind and thoughts by telling yourself that there is something in that Word which you need for that day, or something that will be very important to you in the days to come. Listen carefully to find it. Consider it a treasure hunt, a search for something essential in that Letter that I want to use to speak to you about.

54. Bring your notebook with you to write it down when you hear it, when you realize that quote is a memorable one, when the voice of My Word speaks to you. I always feed and satisfy the hungry soul. Even if you later lose that little notebook, or it gets filled up and put away, just the fact that you're writing down these things impresses them upon your mind and spirit. They will stick with you longer and have more of an effect on you.

55. Remember too that it's important that you meditate on My Word. After you take in food, it has to digest to do you any good; otherwise it just passes right through

you. So spend time digesting My Words each day, thinking on them, meditating on them.

Word revolution = quality, meditation, application

56. It's difficult for you to follow through on the commissions and direction I give you in personal prophecy, many of which have to do with obedience to the Word. One reason is that you often feel overwhelmed by the messages, partly because they're so detailed. You like to receive the full counsel. You like details. You're more motivated by specific instruction rather than the generalities that you feel you already know, and that's good. You have the faith to receive details, which is also helpful.

57. But the downside to this is that the more detailed the message, the more overwhelmed you feel, and the more impossible it seems to put into practice. You're looking at it like, "If I can't do all of it, and right now, then I might as well not do any of it." You feel you lack time, and so you just end up saying, "I can't do it. It's not the priority, so I'll have to come back to it later." Then, with time, it seems that these messages of personal instruction stack one on top of the other, until you lose all hope that you can go back and catch up.

58. The problem is not with the detailed messages, or that you desire to receive all the details from Me. That's a good thing; it's a strength to be able to receive the specifics. But then, once you receive the message, you need to go back over it and ask Me where to start, and be willing to start with just one small thing, one small step of obedience. Otherwise, the details overwhelm you, and in the end you wind up putting it all on the shelf and not doing any of it.

59. Unless you can get over this attitude and forsake it—that it's a waste of time for you to get this instruction and that it won't make any difference because you won't do it—then you'll lack faith. And instead of your time with Me being a wonderful time of

revelation and breakthrough, leading to great spiritual progress and happiness, you'll encounter defeat and discouragement.

60. I have faith that you can be obedient and follow through. I know you want to change; you want to be all that you can be, and to have the power that's promised you in the Word. I know you want to be among the miracle workers, and you will be. I know the choices you will make and are making, and I promise you that your faith and determination will not fail. You will have what it takes to obey, and through obedience you will reap the rewards of greater gifts, a clearer connection with and knowledge of your spirit helpers, and tremendous progress in being fully possessed by Me and taking on heavenly thought power.

61. Here is the key that will help to propel you forward and free you from the "it's no use" mentality: When it comes to follow-through, the key is to have general guidelines and reminders. Your mind is such that you can't absorb all the details. You can when you're studying and reviewing them, but there is too much to retain in such detail, and therefore you become overwhelmed. You know you're missing so much, and then you feel you might miss something important, and that leads to procrastination. You feel you have to "wait" until you can do it perfectly, or understand it thoroughly, and not miss anything. But that isn't effective, as it causes delay; and the greater the delay, the more daunting the challenge or task.

62. So My suggestion to you, My love, is to keep it simple, keep it general, and have your obedience goals listed in a much simpler format. Trust Me that you'll remember where you're headed, that all the Word that's so deeply and richly stored in your heart, mind, and spirit, will come to the fore and lead you as you move forward, taking steps in the general goals, even if you don't have time or energy to review and get it perfect.

63. I'll give you an example: You want to work with your spirit helpers, but you feel

you have to understand all about them so you can pick just the right one for the right occasion. This leads you to feel you have to review the Word on all the helpers, understand their jurisdiction, and then you'll be ready. Well, obviously, until you feel "ready," what happens is that you resist doing what you can, even something simple, general or repetitive. You're complicating yourself right out of instant obedience!

64. Instead, start with one spirit helper. Pick one that can help you, and learn about him or her, and call on them throughout the day when I remind you about it. It's very simple. It's a small step, and that's humbling for you. But it's small steps in the right direction that keep you moving forward.

65. Take a hint from Mama. She starts small, and then dives right into obedience. She memorizes one key promise, for example, and then quotes it, even repeatedly, if need be. To be obedient to My commission to claim the keys and memorize the key promises, you don't have to do it so perfectly or be so "advanced" and thorough and detailed. That can serve as a deterrent.

66. Go for simplicity. Let the motto "just do it" be yours. When it comes to obedience and implementing My Word, just do something, anything, no matter how it doesn't seem to be hitting the mark or how simple it might seem. Doing something, however simple, is much better than delaying until you feel you can get it together to "do it right." Doing it at all is doing it right.

67. The Word revolution is about quality Word time, meditation, and application. Application is another word for obedience. Obedience is your greatest protection against Obstacon's attacks. As long as you're obeying, he will be defeated, but if you're not obeying, while he might be shooed away for a while, he'll keep coming back, in another costume, with another approach. So obedience is crucial.

68. Pick one thing, and do that; then pick another one thing, and do that. Little by lit-

tle, you will build new habits. But if you try to do too much, you'll give up. Don't focus on the details and the overall picture, which is huge, but take one step at a time. That's easy, that's doable, and that will lead to faith, encouragement, and lasting progress.

Your Word time schedule can't be just for when you're feeling great and things are going well, because then the Enemy will do his darnedest to make sure that things don't go well so that he can keep you from your Word and time with Me. You need to prove to him that you're going to get your time with Me no matter what he tries to do to hinder you, and then he'll give up.

Tips for getting the most out of your time in the Word

69. • Pray that your outlook on the Word changes, that you truly realize its importance and that you value it more highly. Pray for a hunger and desperation for the Word. Pray for a greater interest in the Word and My counsel and viewpoints.

70. • Remind yourself constantly that the Word is what the Family is all about. It's not about your job, your service, or your ministry, but the Word. If your Word times aren't good, then everything else will be amiss. If you're not happy with your Word times, then you need to ask yourself why and change something. Continually go back to the Word.

71. • Hold yourself accountable to get quality time in the Word daily. Don't let a day go by in which you don't get quality Word time. Bump other things off your to-do list when necessary. Always take your Word time.

72. • Plan and prepare your Word time more. Make a list of the many things that you're going to read, and work through that list.

73. • Make a file on your computer or keep a notebook where you can accumulate

key quotes that speak to you, and share them with others. This will keep the Word flowing through your mind.

74. • Don't let Word that "jumps out at you" die the death when you turn the page. Make note of it, mark it as a point to ask Me about, and highlight it and reread it. Rereading highlights is a key that many people overlook, because they feel that if they've just finished reading something, they've gotten the point; whereas rereading crystallizes the point and helps you to absorb it better. The first time you're just assimilating the concept, whereas the second time it can sink in much more. Help Me out by rereading your highlights.

75. • Take more time to pray and connect with Me before you begin reading. Memorize some of your favorite key promises on connecting with Me and the Word. Claim them every time before you start having Word time. If you find your thoughts wandering or losing focus, stop and claim the keys again. Pray. Don't let your Word time lose quality. Your time is valuable. You need to be fed during your Word time, and My Word deserves the respect of your full attention. *(For some excellent verses on reading and absorbing the Word, see the "Memory Book 2000" section on the Word.)*

76. • Enact safeguards that will check and convict you when you slip. Have someone that you're responsible to tell if you've shirked on your Word time, or if you didn't get quality Word time. Don't just let it slide by. Pray and ask for My forgiveness, so that there is some accountability. Hear from Me about it. Let Me correct you and motivate you to do better.

It's the difference between life and death

77. The fight to maintain your Word habits will not be easy. It will require perseverance, courage, and desperation as never before. And yet your very life depends on it. You cannot survive as you have been. Spiritual death

will come quickly and unexpectedly if you choose to remain in the easygoing state. That's how desperate it is.

78. You must fight the battle unswervingly. You must never give in. There can be no excuses, for no matter how valid they seem, excuses cannot make up for the fact that your spiritual life is in danger if you do not maintain good Word habits. A desperate man cornered by enemies does not make excuses. He rises and does battle with every means at his disposal. So must it be for you.

Wanting to avoid something unpleasant is an even stronger motivator than wanting a benefit, at least for you. So pray that you can start to desire the Word, not just for the good things it brings you, but because it will save you from the negative things. Pray that the consequences of the lack of the Word will become real to you.

Fill your “blank spots” with My Spirit

79. Put on a Word tape or praise songs while you get dressed in the morning or are doing things around the room. While this doesn't fall under the classification of “quality Word time,” it certainly primes the spiritual pump and gets your spirit receptive, creating a vacuum in the spirit. Fill these moments with Me in some form—whether by listening to the Word, or listening to spirit-filled songs that lift and inspire your spirit.

80. Listening to My Word or Spirit-filled music while doing something else is not quality Word time, but it is nonetheless giving your spirit good input. It's slowly but surely creating in your spirit more of a desire for Me, more proclivity toward Me and the things of the spirit. It's good, edifying, and uplifting “building” time. It's not laying solid bricks—the ballast of My Word through uninterrupted quality time—but it's like the mortar you lay between the bricks that works toward

building a more solid, spiritual, and Word-based you.

Setting a regular time helps

81. Your exercise time occupies a choice spot in your day, and it hasn't budged from that spot for years. And because of your regularity, your body has adapted to it, and it is now prepared for exercise at those times. The few times you've moved it or had to do it some other time, you either felt wrong, you were too tired, or it just didn't work out. That's an example of an established habit, something that is a cornerstone in your schedule; other things flow around it, not it around other things.

82. Word time, like exercise, will yield the best results if done in one chunk at a consistent time every day, not interrupted and not moving all over the map. I want you to give Me that time when I can really speak to you and know that that time will be fully Mine. I don't want it squeezed in little by little here and there. As it stands now, sometimes it's in the morning with a little bit after lunch, sometimes it's all after lunch, and sometimes it's in no place in particular. On weekends it's not even scheduled, and it's just another piece in the puzzle that is scheduled in on the fly and so often doesn't happen. That's not good enough for this Word revolution. You need to add your Word time as a permanent block of time in your schedule, something that cannot be touched.

[To be continued.]

“Claim the keys for your Word time. Their power brings My Word into focus more clearly and causes you to have new understanding.”

“The keys are the secret to being fed by the Word. Tapping into the keys puts you on Heaven's channel.”