

Maria's healthy snacks!

the leaves every hour during labour. The simple infusion is made by steeping one teaspoon of leaves in one cup of boiling water.

17. "THE LEAVES OF THE GARDEN RASPBERRY, (Latin name Rubus idaeus) are an excellent medicine for pregnant females, giving strength & rendering easy & speedy childbirth. This has been proved over & over again, & women who have endured difficult births have been pleased & surprised at the difference experienced at childbirth following a course of Raspberry leaf tea. The tea is also excellent for sore throats & for the stomach complaints of children; it may also be used as a gargle when the throat is sore & inflamed, & forms a good wash for sores & ulcers.

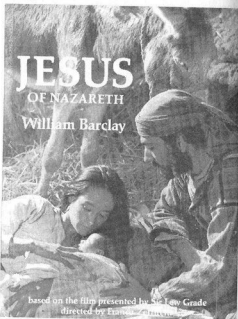
18. "INFUSE ONE OUNCE IN A PINT OF BOILING WATER, allow to stand 15 minutes. As a medicine, take a cupful three times daily, before or after meals. The tea may also be taken hot during labour, when it is made more potent if a little herbal composition is added to each dose.

19. "CUT OR NIB UP FINELY EQUAL PARTS OF DRIED RASPBERRY LEAVES & MOTHERWORT HERB (Latin name Leonurus cardiaca). Use this instead of ordinary tea, but a rather larger quantity. Prepare in a teapot (not aluminium). The tea should be taken at least three times daily. Sweeten, or add lemon as desired. This helpful beverage should be taken for at least three months before delivery. It helps in every possible manner, strengthening & normalising the organs & giving strength to the prospective mother. When making, allow to stand for at least 15 minutes before

pouring. One to three teacupful may be taken at a time."--From The Natural Home Physician book by Eric F.W. Powell.

20. THE CLOSER THE DUE DATE, THE MORE I WORKED ON SETTING UP THE NEW NURSERY, CLEANING & GETTING TOGETHER THE BABY'S NEEDS & all. David & Davida were very happy for permission to drive around & even one time carefully climb inside & take a ride in Tech's new pram, as well as wash her baby toys, play with them a little bit, & then wash them again, imagining our new little baby playing with them in only a short time! As tempting as it was to say "No, no" about every little baby item they wanted to examine & handle, Dora & I both felt that it would probably do them some good to be allowed to play with the toys & equipment now & get their fill of it before the delicate little baby comes & when they'd see the need more than ever to keep them clean & free from germs & others handling them.

21. WHEN TIME PERMITTED, DADDY & MOMMY TOOK DAVID ON SEVERAL OUTINGS, one of which was viewing the "Jesus of Nazareth" Movie in English. PTL: "Oh, we shouldn't



have the kids miss that movie for anything!" Dad said. "This is one of the best experiences they could ever have to see a movie about Jesus in their own language." We decided in the end that three year old Davida perhaps shouldn't see the movie

because of the length of it & the bits of violence involved; besides we ourselves had not viewed the movie previously to check it out in every area & consider whether it was good on all counts for the little ones.

22. SO MOMMY, DADDY, ALFRED & DAVIDITO TOOK THE TRAIN TO THE ENGLISH MOVIE THEATRE & as we walked along the stoney path to the train station, Daddy would kick the big stones out of the way & say to David, "You should always kick stumbling stones out of the way of your brother." The BIBLE says so! (See Prov.3:23, Ro. 9:32b, 1Pe.2:8.)

23. AT THE MOVIE WE ALL SAT TOGETHER & DAD EXPLAINED DIRECTLY TO DAVID the entire story. Having asked around of others who had seen the movie, we were prepared to take David out for the slaughter scene where King Herod had the soldiers storm into town on horseback & slaughter all the babies. Maria even said later that she wished he hadn't seen the childbirth scene either, because Mary looked like she was suffering quite a bit & sort of fainted after the baby was born, which was not realistic at all. Daddy explained to David during that movie scene of childbirth, "That's what Mommy's going to do. She's just going to work real hard to have her baby, but the Lord will make it much easier on her!" (As a matter of fact Dad had a little vision of Maria just taking one big push & out popped Tech in the delivery table, & that's exactly what happened!) Daddy also commented that Abraham seemed to like Apostle Peter in the movie a lot & must be a lot like him, a GYPSY!

24. DURING THE NEXT WEEK BEFORE PLANNING TO SEE PART TWO OF THE MOVIE "JESUS OF NAZARETH" AT THE CINEMA, we reviewed the Bible story from the King James Version to familiarise David with the Scriptures on the subject & compare the movie to the true Scriptural account in the Bible. In the end, however, we decided not to take little David to see part two, the crucifixion scene, since it was very intense & quite emotional & would not exactly be the right time for him to see it. (David did see it later on television, when a little over five years old & enjoyed it very much.) Daddy commented that the crucifixion scene was the worst part for him & the part that made him cry was seeing the women that Jesus had to leave behind. "That's how hard it's going to be on me & maybe for you too, my women. Oh how I

loved them! But it'll be worth it all, it'll be worth it all!" Dad said.

25. OTHER OUTINGS THIS MONTH WITH DAVIDITO AND DAVIDA WERE A TRIP TO A TYPE OF OUTDOOR ZOO of sea animals which includes



Wow! What a whopper of a walrus!

a spectacular water show with dolphins and whales! We also visited an International Trade Fair where after viewing all the many types of lawnmowers, big caravans, tractors & other machinery there, to David's delight, we spotted a very sturdy little motorcycle-type tri-cycle on display & bargained with the man to buy it for a very low price. We called in to tell Mommy & Daddy about it, he answered "Well, for that cheap a price you ought to buy two of them!" Ha! Only one was for sale though, & David was thrilled with it. It was so darling to see him jump on that little tri-cycle & drive it right down the lane through the