



"Joy cometh in the morning!" (Ps. 30:15.)

finally decided of his own accord, to take a stand and give up his diapers & plastic pants he had to wear at night & give them to new baby Techi, who was at the time about 2 months old. We had to resort to using cloth diapers for David since he was such a big boy & wetting so awfully much at night. The laundry was quite another load added to our daily responsibilities & although we never sort of got accustomed to the idea he was wetting when such a big responsible boy, we just had to learn to live with it & fight with him through the battle to the end, & we've got to give God the glory that He never fails, because it was Him, His love & faithfulness that conquered all! Praise His Name: Hallelujah!

73. AND WHEN SWEET DAVID GOT A LITTLE MORE ACCQUAINTED WITH HIS DARING BABY SISTER TECHI AT AROUND THE AGE OF TWO MONTHS OLD, SHE TOO WEARING CLOTH DIAPERS & PLASTIC PANTS TOO HE, HE WAS APPARENTLY THOROUGHLY CONVINCED THAT SHE

the baby that deserves the attention & that he would be the big brother she & all of us expected him to be, & he chose rather to take that crown the Little Prince should wear & try his best with Jesus' help. He took his pile of diapers & plastic pants into Techi's room, exclaiming joyously to Sara, "Here, these are for baby! I want to give them to Techi!"

74. ANOTHER BIG BATTLE WON: HALLELUJAH! All glory to God! And now may we ask one favor, dear Family, & that is, that you please pray that with the writing of this story the old enemy won't try his dirty work again & cause a relapse with this wetting problem! Please pray with us it doesn't recur, & remember to pray without ceasing for your own children's welfare, of course, loving them through every battle till victory, remembering that LOVE never fails! He loves you & we do too! SAY!



Davidito at almost 4y gives up his diapers to baby Techi & praises God for the final victory.



David prays for our little soldier before bed!



Sara needs a big brother to help her with these baby chores!

WETTING RESEARCH--By Christopher. Madrid, Spain. (Edited by Sara)

75. THE FOLLOWING IS THE RESULT OF SOME RESEARCH I DID ON A COMMON CHILDHOOD PROBLEM, WETTING. Many of the children in the family--some of an advanced age--have this trouble, so this info may be of

help to many concerned parents.

76. KIDNEY & BLADDER TROUBLE: Bedwetting often results from weak kidneys, the result of birth defects (?), a poor or wrong diet, or lack of exercise.

77. WORMS: This irritation is another possible cause of bedwetting.

78. GENERAL NERVOUSNESS: Too much excitement before going to bed or worrying, etc., is another cause. A consistent bedwetter should therefore be placed in a stable environment & any causes for his instabilities should be sought out, prayed for & changed.

79. CONSTIPATION: Proper elimination is necessary, for when the child is sleeping, the pressure from a full or enlarged colon or bowel may irritate the bladder, triggering the release of urine. Gas in bowels is stated as being another cause.

80. MULTIPLE SCLEROSIS: Bedwetting, as well as muscular tremors, are symptoms of M.S. Usually if an adult wets his bed it is because of M.S. The herbs, minerals & vitamins suggested below still remain pertinent to helping victims of M.S. stop bedwetting, though they may not be of any use in curing the other nervous disorders.

81. BEDTIME HABITS: The child should not eat anything for a few hours before going to bed; this is to release pressure from the bowels to the bladder. One authority says the child should sleep on his back with his feet slightly raised--(don't ask me why!). They need to sleep in a room with good ventilation & not overheated. The room should be quiet & free from sudden noises, especially running water. Their sheets & mattresses should be well-aired so that there is no smell of urine. A special effort must be made to find out what time the child wets the bed. Usually it is about an-hour-&-a-half after retiring, & again about three in the morning. They should be taken out of bed to potty at these times until the habit is broken.

82. THE CHILD'S DIET: Weak & undernourished children are most likely to have this habit. Since bedwetting is often a result of vitamin deficiency, all care should be taken that the child eats well. No stimulating drinks should be given; i.e., coffee, tea, soft drinks, etc., also no alcohol. Late suppers or snacks are said to be a cause of bedwetting.

HEALTH TIPS & REMEDIES:

83. A. MAGNESIUM: THE LACK OF MAGNESIUM