

FAHRENHEIT AND CENTIGRADE SCALES:

Freezing point of water 0° centigrade = 32° Fahrenheit
Blood heat (normal limit) 37° centigrade = 99° Fahrenheit
Boiling point of water 100° centigrade = 212° Fahrenheit

Normal temperatures for the body usually vary from 97-99°F & 36-37°C.

To convert a Fahrenheit reading to centigrade values: Subtract 32,

multiply by 5 and divide by 9.

To convert centigrade to Fahrenheit: Multiply by 9, divide by 5, add 32.

(From Your Child's Health, by Mary Manning SRM, Pan Books, London & Sydney)

JEWELS FROM DAD: CHILDREN'S SICKNESSES & SICKBED EQUIPMENT--Upon hearing a report about children sick with chronic laryngitis in one of our homes:

1. VAPOURISERS: They used to choke me! Yuck! I hate 'em! They're just like saunas, so suffocating! Sounds like the Devil's instrument to catch every kind of germ possible! They are the most conducive way possible to catch germs, breathing in that warm, moist air, the perfect breeding ground for germs!

2. VAPOURISER TENTS & MEDICATED OILS FOR BREATHING: And why coat their body all over with oil? Your skin needs to breathe! No wonder the children have a difficult time breathing when sick, if you coat them in all that oil!

3. A SICKROOM NEEDS VENTILATION. Leave at least the bedroom door open or a window cracked. It's crazy to have a sickroom so stuffy & full of that hot steamy air all the time! You can get all sorts of TB & pulmonary diseases without fresh air in the room. The best thing for sick kids would be fresh air & sunshine, at least within the bedroom when they are sick in bed.

4. DRESS 'EM WARM & KEEP THE CHILDREN WARM before the final extreme of turning on a room heater. A blower heater dries up the air & will hinder their difficult breathing even more. People who use that type of sick equipment must trust that stuff like that! That must be where the parents' faith lies, if it so, maybe they should go ahead & use it. They don't seem to have too much faith otherwise.

5. WHEN WE HEARD OF HIS SICKNESSES, WE ALL AGREED TOGETHER, we've prayed, now we'll let the Lord handle it. It's not up to us--the Lord must be waiting on their faith to see what they're going to do. They must not do what they're "expected" to do with their

faith, they should do what they have the faith for! "Thou wilt keep him in perfect peace whose mind is stayed on Thee, because he trusteth in Thee." (Isa.26:3.) It says "The Lord giveth His beloved rest!"

6. IT'S THE ARM OF THE FLESH! They seem to be strong on using that kind of sickroom equipment & stuff. That's where they put their faith, in those things, in the physical. "According to your faith be it done unto you." (Mt.9:39.) (Talks to Sara:) If they want to take him to the hospital, then they should go, but it's completely up to them. Let them do what they want to do. This must be a weak spot, faith for healing, & that's why the Devil hits them there. If they are talking about the hospital & considering it, that's probably where their faith lies. Let them know we've had special prayer for them.

7. IF THE PARENTS FREAK OUT & THE KIDS SEE THEM, then of course the kids are going to freak out too, when they see parents hovering over them, crying & worrying! Fear communicates! It's an attack & a test. The Lord is dealing with the parents & testing their faith. Be honest with them, & just ask them.

8. "HOW MUCH EXPERIENCE HAVE YOU HAD WITH THE LORD'S HEALING?" How much miraculous healing have you seen in direct answer to prayer? "Maybe they haven't had any! Apparently they haven't been tested along these lines very much. The Lord lets the Devil attack & test their faith, & this is a real test! Do what you think you should do, and you shepherds should do what you sense the parents want to do. Tell them we love them & are praying for them.

"FEVERS"--PART 2.--"THE POISONOUS PLUM!"--Chapter 69 7/79 41 years old.

1. AFTER HAVING JUST OVERCOME A BATTLE OF FIGHTING A RISING FEVER, & following Dad & Maria's counsel of giving aspirin to reduce the fever, we were more than thankful to see that David's body temperature had returned to normal the morning of 8 July, Sunday. After being up all night with a sick child, many times we parents feel like we've done the hardest part of our work all night long, & are still recovering from the exertion of desperation in prayer & physical & mental stress for some times days on end after attending a sick child. Even though I knew that David had recovered well physically, I somehow sensed there were more battles yet to come & that we had some lessons yet to learn, because David's attitude just didn't seem to be right.

2. I TALKED WITH DAVID SEVERAL TIMES ABOUT HIS "ORDERING" ME AROUND to get him juice & his rather unappreciative, demanding attitude & lack of desperation on his own part. He saw us praying desperately before the Lord, but never did he even attempt to pray on his own! It didn't seem that he had learned yet how to pray with a whole heart, sincere, with desperation, & perhaps he expected that Alfred & I would fight this battle for him & there was no need that he make an effort to seek the Lord too for his healing.

3. BECAUSE CHILDREN SHOULD REST AS MUCH AS POSSIBLE & NOT OVER-EXERT THEMSELVES the day following a fever, David rested very well all that Sunday, & on Monday he was up & at 'em again, PTL! Still warning him not to exert himself unnecessarily, we went outside for some sun & fresh air, & while I was trimming our staff cook, Jewel's, hair in the front yard, David & Davida both played around in the garden area.

4. NOW, I HAD SPECIFICALLY WARNED BOTH OF THE CHILDREN not to touch any of the fruit trees in our garden because one of the boys had sprayed every tree with a poisonous insecticide only the day prior to this. Davida had even received a big spanking

for picking up a dropped piece of fruit on the ground the day before, so you can imagine my surprise when, after having warned the children of this.

5. DAVID APPROACHED ME WITH A VERY SNIPEY STATEMENT: "SARA, I JUST ATE A PLUM!" Right away he said he knew better, that he was not to do that because I had told him so several times, but he very much showed that flippant, rebellious sort of attitude--just plain cocky, that he didn't care whether he had disobeyed or not!



--The tree of the forbidden fruit!

6. OH MY!--ALL SORTS OF THINGS WENT RUNNING THROUGH MY HEAD!--How do you dissolve poison in the stomach? Is this the type of poison that causes vomiting? Do I induce vomiting or not? Where is my Medical Encyclopedia? Who here can help me? How am I going to tell Mommy & Daddy about this one? Oh me, oh my!--While I was trying to pray as fast as I could on