A Rose WHY DO PEOPLE SEND A ROSE?

ENCLOSED IS A POEM THE LORD GAVE me to send to a woman I know-I was away for awhile and she seemed to have put up walls. After I sent her

have put up walls. After I sent her
the poem with a rose she was much
more open and receptive. TYJ:
This rose for you today
Seems like such an insufficient way
To say- I love you
But I do, I really do:
Why do people send a rose?
I wonder if anyone really knows?
Maybe it's the nice fresh scent
To symbolize the time they've spent
I asked the Lord to show me what
it really meant
And this meaning was Heaven-sent
The fragrance is symbolic of you
And is really what draws the butterfly
To refresh your doors are

to you

To refresh your dreams anew He flys there to share God's love The petals are like the softness of God's love for you

To the touch they're softer than the

morning dew



They're like the softness in a kiss of love from you The softness of my love for you The thorns show the pain of love And what missing someone really does The prick & sticks w/out the rose Cause the tears to flow

cause the tears to flow As the pain grows & grows But that pain & sorrow only comes When we wander from the rose

So we really must keep our eyes on love And when we see that we've wandered too far, reach out to love—
God's Spirit above— God's Spirit above—
And ask Him to show us the beauty
of love.

Jeremiah Songbird; U.S.A.
(Esp. the Rose of Sharon!—Jesus!)

## **Sunglasses: Buying Tips!**

(From a pemphlet published by Bausch & Lomb, makers of Ray-Ban Sun Glasses, Rochester, N.Y. 14602)

UNLESS THE SUNGLASSES UNLESS THE SUNGLASSES ARE TOP QUALITY, they may be more of a hindrance than a help. The lenses may not provide adequate glare protection, or they may have wavy surfaces that distort & disturb vision. A poorly made frame will be a nuisance, slipping & twisting about on your face. They also might well break at an inopportune time.

ULTRAVIOLET & INFRA.

might well break at an mop, of the time time. ULTRAVIOLET & INFRA-RED—COMPANIONS TO GLARE: They are part of the sun's radiant energy & are potentially troublesome. They can be irritating, tiring & even harmful in extreme cases. Ultraviolet sunglasses: Enough infrared energy may reach the retina to cause permanent & serious damage.

SELECTING A SUNGLASS: Optical experts agree that the best light transmission range for sunglasses is from 15-35%.

cause of snowblindness. Infra-red rays (the heat rays) contrib-ute to the physical discomfort you may feel with glare. If you are exposed to instense sunlight for a lengthy period—a day on the beach, for example—without infrared protection, you may ex-perience a burning or stinging sensation in your eyes. Infrared sensation in your eyes. Infrared sensation in your eyes. Infrared also contributes to the fatigue you may feel. Under no circum-stances should anyone try to ob-serve the sun or a solar eclipse directly, even when wearing dark sunglasses. Enough infra-red energy may reach the retina to cause permanent & serious demage.

OF ANY DEFECTS, whether internal or surface, such as wavy surfaces. And of course the 2 lenses should be carefully matched for color & density. When trying on a pair of sunglasses, look in a mirror. If you can easily see your eyes, the lenses are probably too light for proper glare protection. Many sunglasses, particularly those with plastic lenses, provide little control of infrared radiation. Fortuneately, almost every sun lens blocks ultraviolet rays.

LENS COLOR: Because gray

LENS COLOR: Because gray & green lenses do not shift the color balance in transmitting light, there is no interference with the eye's focusing system. The result? Vision stays sharp thru' lenses of these colours.

head fluorescent fixture on the inside of a lens. Move the glasses slightly so the reflection travels across the lens. Any wiggles & waves in the lens will be easily noticeable in the reflection. Check the areas away from the lens center & especially the corners. FRAMES: Fit & comfort should never be secrificed to a-chieve a styling feature. Always be a little leery of extreme debe a little leary of extreme de-sign treatments of the bridge ar ea. Often they mean a poor fit on the nose. One indicator of

colour.)
EASY & EFFECTIVE WAY
TO CHECK LENS SURFACES:

When buying, turn the glasses to catch the reflection of an over-head fluorescent fixture on the nglass frame, these parts will be of the same quality as those used in fine prescription eyews PHOTOCHROMIC LENSES (that change from light to dark & back again): They are avail-able in light & dark shades. The light shades are not effective sub

right shades are not effective sub-stitutes for sunglasses since at their darkest they still transmit 45% of the light. While the dark shades can make satisfactory sun lenses, there are some drawbacks to these lenses. First, they do not absorb much infrared radia-

quality in a plastic frame is metal tion. Secondly, they darken very cores in the temples. Metal adds stability & strength. Look at the small parts too—the hinges, screwe & nose pads. In a good the darkening process.

NIGHT DRIVING: Wearing NIGHT DRIVING: Wearing sunglesses during the day can help your night driving. Just 2 or 3 hours of exposure to strong sunlight (without adequate protection) may slow the process of dark adaptation so that normal night vision is not reached for several hours. Sunglesses should be worn only when you actually need them. Regularly wearing sunglesses on cloudy days or indoors can make your eyes unnaturally sensitive to light.

## Miami Border Base Volunteers

BRETHREN IN MIAMI ANXIOUS TO HELP OTHERS MOVE SOUTH; DAF DONATES TO MCV!

From Senaah & Donato; Miami, U.S.A. DASs: JUST BEFORE ME VISITED PURTO RICO, Don 6 I were elected DASs for the Miami area, which consists of 2 LAPs.

LATS. THERE ARE MANY HOMES IN HIAMI, several of which are making definite plans to leave Miami in the next 2 weeks. There are constantly new people arriving to work up their landing funds for the field or stopping over on their way there. It's an exciting place to be to meet many brethren, if you have to be in the U.S.

U.S.
THE BRETHREN IN MEANI
MART TO SERVE AS A BORDER
BASE. In face, we all read
that Letter together two
DAFS ago, at Faithy's and
Juan's sugjestion. Me've
been taking love offerings
for MCV every two weeks
(so far about \$220) for a
start 5 hope to attack on
provisioning this coming
month.
THIS MERK A COURTE 5

month.
THIS WEEK, A COUPLE &
THEIR BABY COMING FROM
CAMADA was short \$80 or so
on their on-going tickets,
so the brethren who could
afford it pledged it &

clous To HELP OTHERS MOVE SOUTH of days. Then they got going to their field where they are expecting Home Support; otherwise they might have gotten hung up here in the States. PTL! we felt really happy to be used as a Border Base in that respect too.

ME\_DO FEEL THAT IT'S OUR RESPONSIBILITY THOUGH TO MARN PEOPLE TO HAVE SUFFICITY LANDING FUNDS, no matter where they're heading, as we've gotten several letters & testimonies concerning problems of this sort. Dad has already warned everyone, but sometimes some get hasty to get out of the U.S. & leave without being completely ready; and then there are those who are constantly coming up with more needs before they shove off etc.

ME\_ARE HOPING TO SOMEHOW SET UP A DAF FUND, as Dad mentioned, if everyone contributes something toward just such emergencies as mentioned above. Thanks so much to Dad & Maria for the Fellowship Revolution which is making this possible!

Fellowship Revolution whis making this possible!

WE SINCERELY FEEL THAT
THE "FELLOWSHIP REV." HA

is DAF DONATES TO MCV:
has shown more concern toward their brethren. The united prayer together has been answered powerfully several times, once being a situation with Daystar's midwife who decided she wouldn't deliver the baby at home; & then after prayer all together she changed her mind & said that the Lord had really dealt with her about it. PTL! We feel so good about the vision given thru the Loveville logs in the TN about their fellowship meetings, & we are trying to follow their sample as well as the sample we personally experienced in Puerto Rico with Taithy Leading the meeting.

WE DEFINITELY FEEL THAT ALL ARE PULLING TOGETHER MORE, & the participation of each thome has made it so much more inspiring & fun for all Miami has had a problem in the past of much division & contention between the Homes, & it's almost all melted away. TYL!

(PTL! GBY! Tacked rewards unity in Nie Love! Heap it Loving! But Migratus places

A pioneer in the Alaskan wilderness tells us how to ...

## KEEP CLEAN WITHOUT **RUNNING WATER**



Ole Wik

Ole Wilk

Some 10 years back, I left the city and set out to build a cabin in the Alaskan widerness. It was take Spieners of the widerness it was take Spieners on the develling, and the rivers were already freesing . . so I had to work hard end quick!

Yet—despits the rigorous physical labor—1'd go for days without a bath. At the time I ledd myself I couldn't wash because of the cold was without a bath. At the time I ledd myself I couldn't wash because of the cold was without a bath. At the time I ledd myself I couldn't wash because of the cold was without a bath. At the time I ledd myself I couldn't wash because of the cold was not know that I simply hadn't yet adjusted to "new" means of keeping clean.

Since then, I've spent as much as 26 months at a stretch without even sering running water, and I've very rarety missed my daily bath. I'd like to pass on what I've skard, and I've very rarety missed my daily bath. I'd like to pass on what I've skard, and I've very rarety man a treatment of the cold was a stream of

CLEAN WITH SEVEN CUPS

I once doubted the word of a friend who told me that he'd been taught to take a complete bath with an army heimet fall of water. Now I know he was telling to the truth, because I've done it myself... using a hard hat while fighting forest first. The fact is, if the possible to clean every part of your body but your hair—using an ordinary metal wash beath—with only

deven cups of water ... which is just under half a gallon!

A complete bush-country bathing outtit should include a 15-inch metal basin,
washeloth, towel, soap, baking soda, and
fingernail brush. It's best to stay away
from enamel basins (they'il eventually
crack, and you'll ram an enamel chip under your fingernail sooner or later, and
shell ubs will rust ... in spite of their
shell ubs will rust ... in spite of their
shell upspearance bush and the shell upspearance
Whatever type of basin you use, however, keep a fingernail brush handy for
scrubbing out the dirt film after you
bathe.

The real secret of this water

scrubbing out the dirt imm bashe.

The real secret of this water-conserving wash method is the elimination of soap from most of the bath. If you really lather up, you face the problem of getting rid of the sude, and—when you're washing from a small they you may start to skip batha allogether.

such a chore that you may have a bath altogether. You'll be better off if you take a bath— without soap—every single day. Bimply rub down well with a hot, wet washrag, rinaing the cloth frequently. (You may want to use so

A SOAPLESS SHAMPOO

Hair washing presents a special prob-lem . . . again, because it's very difficult

to rinse off the suds. Leftover soap or shampoo is bound to make your scale lich, but you and the process of th

and push as it oces with nair oils—to form a natural soup. One thing it for sure . . . a soda wash leaves you feeling clean and refreshed.

After your bath, put a new supply of warm water in the basin, dink your heat own water in the basin, dink your heat seemed to be supply of the put of the put

NICE, BUT UNNECESSARY

There was a time when I felt that a "gonge bath" was something you got in the hospital when you were too sick to make it to the shower. Now that I've bathed out of a basin for 10 years, I real-ize that showers and bathtubs are noth ing more than very nice—but also very unnecessary—inxuries.

EDITOR'S NOTE: Whenever you use i meno substance on your skin or scalp, nake a small paich test to check for any sossible allergic reactions. 8

## News & Reactions from MCV-

From Sings' Sam:

Dear Dad, Maria & All,

GPAGIJPN! It's been so long since I've written, I feel bad, but I do have some good news I'd like to share withyful Some of the good things that have been happening are the "one and the most recent victory of Ruth Selah's coming to giving ion and the most recent victory of Ruth Selah's coming to giving ion and recording 9 beautiful songs! She just left yesterday, and had been here since Friday morning. It was one of the heaviest batter's asseming de-re-joining the surve, but God had file way, and each of these subjects.

Feat! I'll try to give a few morn all the music, vocals, lead guitar, and what have none takes merime, has enabled us to record an average of & songs a day.

Feat! I'll try to give a few morn all the music, vocals, lead guitar, and what have none takes merime, has enabled us to record an average of & songs a day.

And have one day at the end of the week to mix the 15 or 16 or may have to allow more and have one day at the end of the week to mix the 15 or 16 or may have to allow more died. Of course, we can't always mix that but to be able to have his day in the stutine, but each artist has been accomplished as many songs as they have the faith to die, and late the planning council, or planning some mixture. It is a council dedicated to halping Gabria selection of the try of the song mixture in the selection of the selec