

List of Poisonous Plants!

Plants are beautiful, but they can be deadly! Don't let children put any plant in mouth!

The following list is far from complete, showing only the most commonly grown plants in the U.S.

PLANT	TOXIC PART	SYMPTOMS
I. HOUSEPLANTS		
Poinsettia	Leaves, milky sap	Fatal! One leaf can kill a child! Sap causes skin reaction.
Dieffenbachia	All parts, especially leaves & stems.	Intense burning & irritation of the mouth & tongue. Death can occur if base of the tongue swells enough to block the air passage of throat.
II. FLOWER GARDEN PLANTS		
Hyacinth, Narcissus, Daffodil, Oleander	Bulbs	Nausea, vomiting, diarrhea. May be fatal.
Larkspur	All parts.	Extremely poisonous. Affects the heart, produces severe digestive upset & has caused death. Smoke from burning affects some persons. Digestive upset. Nervous excitement. Depression. May be fatal.
Monkshood	Young plant seeds.	Digestive upset & nervous excitement. Contains very poisonous substances. Vomiting & nervous excitement.
Autumn Crocus & Star of Bethlehem	All parts, especially roots & seeds.	
Lily of the Valley	Bulbs	
Iris	Leaves, flowers.	Irregular heart beat & pulse. Usually accompanied by digestive upset & mental confusion. Contains very poisonous substances. Severe, but not usually serious, digestive upset. One of the sources of the drug digitalis, used to stimulate the heart. In large amounts the active principles cause dangerously irregular heartbeat & pulse. Usually digestive upset & mental confusion. May be fatal.
Foxglove	Leaves.	May be poisonous in large amounts. Has proven fatal to cattle.
Bleeding Heart (Dutchman's breeches)	Foliage	
III. VEGETABLE GARDEN PLANTS		
Rhubarb	Leaf blade	Fatal. Large amounts of raw or cooked leaves can cause convulsions, coma, followed rapidly by death.
IV. ORNAMENTAL PLANTS, SHRUBS, TREES		
Daphne	Berries, bark, leaves	Fatal. A few berries can kill a child.
Wisteria	Seeds, pods	Mild to severe digestive upset. Many children are poisoned by this plant.
Golden Chain	Bean-like capsules in which the seeds are suspended.	Severe poisoning. Excitement, staggering convulsions & coma. May be fatal.
Laurels	All parts	Fatal. Produces nausea & vomiting, depression, difficult breathing, prostration & coma.
Jessamine	Berries	Fatal. Digestive disturbance & nervous symptoms.
Lantana, camara (Red Sage)	Green berries, leaves.	Fatal. Affects lungs, kidneys, heart & nervous system. Grows in southern U.S. & in moderate climates.
Yew	Berries, foliage	Fatal. Foliage more toxic than berries. Death is usually sudden without warning symptoms.

Oaks	Foliage	Affects kidneys gradually. Symptoms appear after only several days or weeks. Takes a large amount for poisoning. Children should not be allowed to chew on acorns.
Elderberry	All parts, especially roots	Children have been poisoned by using pieces of the pithy arms for blowguns. Nausea & digestive upset.
Black Locust	Bark, young shoots, foliage, seeds.	Children have suffered nausea, weakness & depression after chewing the bark & seeds.
Castor Beans	Foliage, & especially seeds	Fatal. Two or 3 seeds can cause the death of a child. As few as 6 seeds can cause death of adult.
V. PLANTS GROWING WILD		
Buttercups	All parts.	Irritant juices may severely injure the digestive system.
Nightshade	All parts, especially the unripe berry.	Fatal! Intense digestive disturbances & nervous symptoms.
Poison Hemlock	All parts	Fatal! Resembles a large wild carrot. Used in ancient Greece to kill condemned prisoners.
Jimson Weed (Thorn apple)	All parts	Abnormal thirst. Distorted sight. Delirium, incoherence & coma. Common cause of poisoning. Has proved fatal.
Mistletoe	Berries	Fatal. Both children & adults have died from eating berries.

Cold Water Treatment for Burns

(Condensed by Family Care from an article written by A.G. Shulman, M.D.)

EXPERIENCE WITH SEVERAL HUNDRED BURN CASES has shown that simple immersion of the burned area in cold water, or the application of cold, moist towel compresses using iced tap water, provides immediate relief of pain & seems to heal the burned area faster.

IT IS GENERALLY ADMITTED BY MOST DOCTORS THAT THEY FEEL MOST HELPLESS when called upon to treat a burned patient. The usual first aid management neither relieves the pain nor helps heal the burn. In fact, in many instances it is actually harmful.

LET US TAKE A LOOK AT THE COMMERCIALLY AVAILABLE BURN OINTMENTS which are in almost everyone's medicine cabinet. What about these chemicals? Phenol, iodoform, picric acid & boric acid have all been known to cause deaths. Yet they are still used today to apply to delicate, damaged, burned skin cells. One very popular burn ointment has been advertised that it is "harmless to normal skin". Note that it does not say that it is harmless to burned skin.

THE COLD WATER TREAT-

MENT was begun originally as an emergency measure to provide immediate relief of pain. A 3-year-old child had grasped a hot water pipe. She was brought in screaming with the intense pain of her hands. When the hands were put in ice water the child immediately showed relief & refused to take her hands out of the water until some time later. Once she was able to remove the hands without pain, the pain did not return & no further treatment was necessary. The use of the ice water treatment seems in most cases to have lessened the damaging results expected.

THE ACTUAL TREATMENT CONSISTS OF: Immersing the burned limbs into a large basin of cold water as soon as possible following the burn. The temperature of the water should be comfortably cold (usually under 70 degrees F. or 22 degrees C). Ice cubes are frequently added since the heat from the burned part raises the temperature of the water. On areas where immersion in water is impractical, moist towels kept constantly cold by repeated transfer are applied. In the beginning these towels must be changed constantly

to keep the patient comfortable.

IT IS NOT ADVISED TO PLACE THE BURN UNDER RUNNING WATER, since the pressure of the stream of water will cause more pain. **THE PATIENT HIMSELF DETERMINES THE LENGTH OF TREATMENT** in minor burns—if the burned part is removed from the water too soon, the pain will return. The treatment may last from 30 minutes to several days, continuously or intermittently, depending on the depth of the burn, the degree of pain, & the amount of swelling present.

TO OFFSET THE PATIENT'S FEELING OF CHILLINESS that may arise, give hot drinks, heating pads & blankets for warmth of the burn-free areas. Once the burned part can be kept out of the water with no return of pain, many burns will require no further treatment.

WE HAVE TREATED PATIENTS WITH BURNS OF UP TO 20% OF THE BODY & have found that whatever the subsequent care may be, those cases treated initially with cold water do much better than those who were not. This treatment has proven to be so effective & gratifying to both patient & doctor alike that it is recommended for use in most burns.

Our Family History Chapter One

Invading The Churches & Street Singing With Mom & Dad! By HO



"At the ages of three & four they were witnessing on street corners, playing their little ukuleles & singing revolutionary Gospel songs at the top of their voices!" (From "We Are the COG" Chapter 1.) (l-r) Deborah, Aaron (Paul), Hosea (Jonathan) & Faith.

(INTRODUCTION): DAD HAS ASKED ME TO WRITE DOWN SOME OF OUR EXPERIENCES that happened to us as a family & as children when we were little. So this is my story about some of the past events in my life & of our family, my brother & sisters when we were traveling & singing for Jesus in order that the testimony of these past events might be a blessing & maybe a guide or an inspiration to some of our families today who have children the same ages we were when we first began to do these things. Also it might give them some ideas as to what they could do with their children.

IN THIS FIRST CHAPTER I AM ENDEAVORING TO THINK OF THINGS THAT WOULD BE HELPFUL TO OUR FAMILIES with children the same ages we were then, from about three to nine years old, & some of the things that we did then that possibly some of the families could do today. This first chapter is mainly about how we went singing & witnessing on the streets & in the churches.

1. THERE ARE DIFFERENT SONGS WE USED TO SING,

some special ones which we used in the churches for the church people, & some were songs which we would sing when we were out on the street. Our beginning song for singing on the street had some little hand motions. We'd hold up our hands & sing. Stop and let me tell you (hold up both hands for "Stop") What Jesus has done for me (point up) Oh, stop and let me tell you What Jesus has done for me. For He healed my body & He saved my soul (motion towards ourselves) He baptised me & He made me whole

2. WE WOULD HOLD UP OUR HANDS & SAY, "STOP!" to the people & get them to stop & look at us, & then we'd go right into our medley of songs, songs we'd sing one after the other without any break inbetween.

3. WE'D EACH INTRODUCE OURSELVES, step up to the microphone, if there was one, & say, "My name is Paul & I am seven years old." I would say, "My name is Jonathan Emmanuel & I'm 5 years old & my nickname

is Jondy." Then Faithy would say, "My name is Faith Ellen & I'm three years old, & my nickname is Jondy!" When she'd always repeat what I'd said, everybody would laugh!

4. THEN WE'D SING ANOTHER SONG:

You'd better get right with God (point our finger at them) Come and do it now Come to the cross of Jesus (motion to come with our hands) And lay your burden down. You'd better get right with God (shake our finger) Come and do it now (motion come) Get right, get right, get right with God.

Another song which Aura Jones wrote for us that we used to sing also was called "Journeying With Jesus": Journeying with Jesus, oh how sweet, Casting all our burdens at his dear feet! Journeying with Jesus Every step of the way Leads me upward Onward every passing day.

Another song we used to sing in the churches was: My desire to be like Jesus My desire to be like Him His Spirit fills me, His love o'erwhelms me It's my desire to be like Him.

5. WE HAD SOME SONGS THAT DAD WOULD SING WITH US, particularly in our church singing. When we'd sing "I'm Following Jesus", then Dad would come along & stand up & sing the last verse with us: I'm following Jesus One step at a time I live for the moment In His love divine.

Why think of tomorrow? Just live for today! For Jesus is leading Each step of the way.

6. THEN DAD WOULD COME UP & SAY, "Now I'm going to sing with the children. How'd you like to have Dad sing the second verse with you?" And we'd all say, "Yes!" Then Dad would sing.

The Pathway is narrow But He leads me on I walk in His shadow, My fears are all gone. My spirit grows stronger Each moment, each day, For Jesus is leading Each step of the way. Then sometimes Dad would sing the song, "I'd Rather Have Jesus". He'd usually sing that one by himself, with the last verse giving his testimony.

7. WE WOULD ALSO MEMORIZE CERTAIN PASSAGES OF SCRIPTURE that we would quote inbetween the songs. When we were a little bit older, when Faithy was nine years old, she memorized the 11th Chapter of Hebrews, & that was one of the special things she would quote. I would quote a passage, II Chr. 7:14: "If my people which are called by my name shall humble themselves & pray & seek my face & turn from their wicked ways, then will I hear from heaven & will forgive their sin & will heal their land."

8. I'D SAY, "THAT MEANS THAT IF WE'LL DO FOUR THINGS (I'd use my fingers to list them), if we'll humble ourselves, pray, seek His face, & turn from our wicked ways, then God will do three things. He'll hear from heaven, forgive our sins & heal our land. So that's four things we do & three things God will do. That's seven things, God's perfect number, & that will please God." I made a little rhyme out of it.

9. ONE OF THE SCRIPTURES WE USED TO QUOTE IN CHURCHES WAS EZ. 3:17-19: "Son of man, I have made thee a watchman unto the house of Israel, therefore hear the word

at my mouth & give them warning from me. When I say unto the wicked, thou shalt surely die, & thou givest him not warning nor speakest to warn the wicked from his wicked way to save his life, the same wicked man shall die in his iniquity, but his blood will I require at thine hand. Yet if thou warn the wicked & he turn not from his wickedness nor from his wicked way he shall die in his iniquity, but thou hast delivered thy soul." "So it is our responsibility to warn the wicked, & if we do not warn the wicked, God is going to require their blood at our hands," we'd say.

10. THERE WAS ANOTHER VERSE WE WOULD QUOTE FROM JEREMIAH 1:8: "Lord, behold I cannot speak because I am a child. And the Lord said unto me, Say not I am a child for thou shalt go to all that I shall send thee, & whatsoever I command thee thou shalt speak." Then we would say, "Even tho' we're children the Lord has told us to be a witness & to tell you what the Lord has said."

11. THE PROGRAM CONSISTED MAINLY OF A SET MEDLEY OF SONGS with certain appropriate memory verses inbetween the songs that we would quote. Whatever we would do in church or in street meetings, our whole program was pretty much set in advance. Tho' we didn't do very much practicing in advance, we did memorize the Scriptures & we had the songs memorized already. We sang so often in informal situations that we did most of our practicing by singing on the street.

12. AFTER WE'D SING OUR SONGS & THE PEOPLE WERE ALL GATHERED AROUND, then we would pass out our tracts. We found it was better not to pass out tracts when we started singing or before we started singing because then people would stand around & read the tracts or take the tracts & walk away & it would interrupt their con-

centration on the words that we were singing.

13. SO WE FOUND IT BETTER THAT THOSE WHO WERE GOING TO PASS OUT TRACTS STAND OUTSIDE THE CIRCLE OF PEOPLE who were watching us sing on the street or in the park, & they would give out tracts to anybody who started to leave. As long as the people were standing there watching us sing, they would not disturb them. But if they listened a little bit & then turned to walk away then they would give them a tract. When we were finished with our little program of singing, then we would take the tracts in our hands from Mom & Dad & go out & give them to each of the people in the circle who had been watching us.

14. WHEN WE'D SING ON THE STREET WE HAD BEEN INSTRUCTED NOT TO TAKE MONEY, & if people came up & tried to give us money when we were singing, we would not reach out our hand & take it. But if the people insisted & came up & just stuck it in our pockets then we would not take it out and give it back to them, but we'd go on singing, not letting the receiving of money interrupt our singing or appear as tho' that was the reason for our singing.

15. THE FOLKS IMPRESSED UPON US THAT WE WERE SINGING TO REACH THESE PEOPLE WITH THE LOVE OF JESUS, & so they did not want us to appear to be doing it for money by getting tripped off in to taking money from people or sticking out our hands while we were singing. But oftentimes after we sang, people would come up & would put money in our hands, & we would accept it & thank them & give them a tract. But we would not accept money openly in front of everybody while we were singing, because it would interrupt the spirit of