Personal list of food stuffs for household reserves.

For your reserves, choose preferably products that are on the chart on the preceding page. A total of 14 kg. per person. It should contain:

For All the Family

Per Person	Quantity	Product
2 kg. of raw sugar or honey	kg.	raw sugar or honey
2 kg. of rice and/or pasta	kg.	rice &/or pasta
2 kg. of oil and/or fat	kg.	oil &/or fat
Freely complete this basic reserve with:		
Foods rich in proteins	- 1	
Market No. of the	7 00 17 0	- 222 14 15
		T
Foods rich in carbohydrates	68	
	15 W	
	Selection of the last of the l	
For variety		
#F 11 20 F 11 .24 A		7
Liquids	in your famil	is total by the no. of peoply, you should obtain 14 kg.
Fuel	17	
Cleaning products		
		W22 5112 B11
Misc.		

Household, pharmaceutical goods, garbage bags, alcohol burners, acohol fuel etc.

"LAST MONTH WE WEREN'T DILIGENT TO PUT AWAY THE LORD'S TITHE or send in our Report & WHEW! Everything went wrong financially with bills we never dreamed of! This month we knew we had to put God first & catch up for last month as well. The day we got our Tithe caught up the Letter 'God First' arrived in the mail, & was it ever the truth! Hoshalah & Heldl; Canada.

TITHING TESTIMONY: "I seem to have a little problem with car accidents. The first one was at work in Oct. where I got fired just recently. We prayed that day but maybe the Lord let it happen because I didn't tithe my driver's license, that I got at my job for free, which would have cost quite some money doing it privately, so we're including the tithe this month for it. We believe in tithing because we definitely need God's blessing in everything we do, GHU!" -Samuel & Jana.

"WE HAVE FOUND THAT SUPPER IS A PERFECT TIME TO READ a Gospel chapter & section from the Quotebook or Fish Food Booklets. This keeps us all fresh in the most important areas-the 'basics'. Also it's one of the few times of the day when a large family is most likely to be all together." (After, I Ben & Anna; U.S.A. hope!-D.)

"AFTER READING THE TITHING LETTER we were inspired to give \$50 to MWM. The next day when I went to pick up my bonus from work it was for \$52!" -Ephesians.

"BE CAREFUL WHEN BIKE RIDING, especially in the city. I am a careful, experienced bicycler & yet the Lord showed me that even the safest can be hit at a weak moment. A car pulled in front of me & stopped suddenly for no apparent reason, & I hardly had time to pray before crashing into it. I received a very serious injury, tho' the Lord used it to bring truly loveable sheep to my bedside to receive the witness of Jesus. PG! His way up is down!" (Amen!--Michael Medic; U.S.A. Walk!-D.)

PLEASE PRAY FOR US!-To be able to reach the people of this country! We could really use help, especially for funds to buy paper & for printing. Even a little goes a long way here. For \$25 we can buy paper to print 9,000 TKs! Can you sacrifice or spare it? 100 million are waiting! Send gifts to W.S. for the Bangladesh Workl-Manifold blessings await you! We love you -Emman & Mary, Azziz & Lokman. (GBY! TTL for your good work. WLAPFY!-D.)



THE TOURIST TO CHINA THE TOURIST TO CHINA ASKED FOR THE NAME OF A GOOD DOCTOR. The Chinese man replied, "I'd recommend Dr. Tchang. He saved my life!" "Tell me about it," said the foreigner. "One day while gravely ill I went to Dr. Tchien. His medication only worsened my condition. Then I consulted Dr. Hung whose treatment almost landed me in the grave, It's then I went to Dr. Tchang's place. then I went to Dr. Tchangs place. He wasn't there!" —Hepher & Sara Newman; Europe.

A FAMOUS PSYCHIATRIST WAS GIVING A LITTLE DE-MONSTRATION to a roomful of alcoholics at a rehabilitation or alcoholics at a rehabilitation center, to explain to them once & for all the fatal & tragic effects of alcohol. He said, "I have here on this table 2 glasses. One is filled with water & the other with pure alcohol. In my hand here is a live worm. Everybody please watch carefully as I drop it into the glass of water." Everyone watched the worm fall to the bot-tom of the glass & come floating up to the surface. "Now," con-tinued the psychiatrist, "everytinued the psychiatrist, "everyone watch carefully as I take the
worm out & drop it into the glass hours to repair the motor.
of alcohol." They all saw the
worm decompose & vanish due
to the effect of the alcohol. "So,
ended the psychiatrist, "what
does this prove?" One of the
the state of the state o drunkards stood up & said, es. Doctor, that if you drink

THE OLD BLACK PREACH-

ER DOWN SOUTH was ranting & raving about the coming of the Lord: "There's gonna be weeping & wailing & gnashing of teath!" An old black lady getting all excited & jumped up in the back row & said, "But in the back row & said, "But Pastor, Pastor, I ain't got any teeth!!" "Don't worry, Ma'am replied the Pastor, "Teeth will be provided!"—Jahoshaphat.

A PRIEST, A MINISTER & A RABBI were discussing how they each decided which portion of their collection from their congregations they kept for their own use. The Catholic priest own use. The Catholic prie said, "I draw a circle on the floor & throw all the money in What lands inside the circle is the Lord's, I keep what's left." The Protestant minister said, "I do just the opposite. I throw the money up, but what lands outside the circle is the Lord's. That way He gets a big-ger share." Finally the Jewish rabbi said, "I tell you what! My way is much simpler! I to throw the money up in the air. I figure that God will take what He wants & whatever comes back down to the groun

ONE DAY IN A BIG CITY A REFRIGERATED TRUCK was taking a load of live penguins to be delivered to the city zoo whe all of a sudden the truck de oped engine trouble. So the driver pulled into a garage. The mechanic said it would take a few driver didn't know what to do as the penguins had to get to the zoo right away. SUDDENLY ANOTHER EMP-TY REFRIGERATED TRUCK

'This pulled into the gas station. T drink driver ran over & said, "Hey! driver ran over a said, rey! You've got to help mel Can you take these penguins to the zoo for me? They need to get there as soon as possible!" The guy said, "Sure," so the first driver

ave him \$100 & said, "Here, ake this to cover your expen-So they loaded the penguins into the second truck & off they went ABOUT TWO HOURS LATER THE FIRST TRUCK WAS RE-

PAIRED & the fellow was driv-ing along when suddenly he saw the other driver with all the pen-guins outside a movie house. Screeching to a halt, he ran over & exclaimed, "What's the big ideal You were supposed to deal You were supposed to take these penguins to the zo The second driver replied, "M I did, but I still had some moi left over so I'm going to take them to the movies also."

. MOKE: Do you know the dif-ference between the way a hair-dresser dies & the way a sculptor dies?—The hairdresser curls up & dyes! The Sculptor makes faces & busts!

HERE'S A GOOD JOKE DAD TOLD on a 15-year-old tape called "The Resurrection": It goes, "As the fellow says, he had a dream about Heaven, & my! He was never so surprised at some of the people he saw in Heaven! But the thing that shocked him the most was at shocked him the most was at how many were surprised that he got there!"—Sent In by Hart.

I WAS LOOKING THRU'

MY MO LETTER INDEX the 'The Uneager Beaver!"-Ha!



WITNESSING IDEA: We've gotten good response from an ad we've put in the local newspaper: 'Need Real Love? Try the Bible! John 3:16. Free Bible & Prophecy classes. Know God's Love & the future.' We invite the sheep who phone to visit & learn from Dad's teachings & the Bible. Maybe others in the Family would like this idea too." (Amen!-D.) -Benjamin & Rachel; U.S.A.

"WE'VE SEEN 2 CASES IN WHICH SINGLE BRETHREN FF GIRLS to the point where they want to drop out & join. But in the end the brethren weren't willing to 'take up the cross' & take care of them as their own disciples &/or mates, resulting in the girls' tragic failure to join, when they could have been easy victories for the Lord's Family. Why did these brothers even begin if they weren't willing to finish the job?"—Joash & Hannah; U.S.A. (Right! GHU!-D.)

"THE LORD INSPIRED US TO SET UP A PROVISIONING BOOK using touching testimonies taken out of old Mags, explain- tithe on it twice-once when the ing all facets of our work. We found it a real blessing, even in going DTD, showing it to parents along with the Komic Book. Children just love it." (Great!-D.) Francis Abner & Rosee Selah; Canada

A FRIEND OF MINE RE CEIVED A NEW SOCIAL SE-CURITY CARD recently. It had 3 extra numbers on it in front of his original number. The 3 numbers were 666! Supposedly it is a number meaning 'of the people, by the people & for the people'. Of course I realise that it is the beginning of the 'mark of the Beast'. The Social Security Office immediately wrote to him asking him to return the card in exchange for a regular one. They said they weren't supposed to start using the new ones until 1983."-T.C. (new mall response); U.S.A. (WOW! It's begun!-D.)

WE DECIDED TO TITHE THE VALUE OF AN EXPEN-SIVE TRIP which was paid for by a Fish, even tho' we didn't have the money for it. The very next day the Lord gave us back many-fold by way of several donations!"—Daniel & Mirlam; Indon.

"QJESTION: WHEN WE RE-CEIVE A LOAN, do we pay money comes in (is loaned) & again when we pay it back? Please ask Dad 'cause we don't want to rob God. Please forgive our ignorance. Thank you." -Philip & Nekoda; Canada (No, of course you don't pay Tithe twice! - Either on the loan or the \$ for repayment!- Dad.)