



NEWS
—BY YOU!

Vol. 7, No. 11 D.O.

Edited by The Zs.

Latest Mid-East News!

TURKEY!--CYPRUS!--GREECE!--JORDAN!--and More!

WITNESSING ADVENTURE IN TURKEY!

by Hosanna

Emmanuele, our KQS, and I were enroute to Turkey to visit the Homes when our boat was rerouted to southern Turkey, giving us a few extra days. That's when the Lord brought to Emanuele's mind that the music producer presently recording Jeremy Spencer and our "Italian" band has a summer villa in the area. So our fishing adventure began...

At this little Turkish town, now fast becoming the "St. Tropez" of Turkey, we first stopped at a little bar and asked the owner where the producer's villa was. To our surprise, we found we were right in front of it! We asked him if he knew if the producer was in town and were elated to find out he was expected to arrive that same night from the States! PTL! We knew it was God's perfect timing that our boat was rerouted to this town the same day the producer would be arriving!

So, with a quick prayer, we walked up to the villa and saw some activity by the servants' entrance.

So we asked if the producer was expected but had a communication problem due to our lack of Turkish. Suddenly the producer's wife, M., appeared on the scene and after a brief chat she told us that if it hadn't been for her husband arriving with a large group of people that she would have offered us a place to stay in their home! Nevertheless, she did extend an invitation for the next evening to "come by for drinks"!—All this within a half an hour of being in this town! PTL!

Meanwhile, we still needed a place to stay and ran into literally dozens of others in the same predicament as it was the "high season", the celebration that follows the yearly Muslim fast. We met a friendly Turkish law student who became our host, guide and friend for the next couple of days, God bless him!

The next night, we had dinner at the producer's villa where he introduced us to his different guests. So began a very interesting "high society" evening. Thank God for Emanuele's aristocratic background and FF training!

After dinner, we found ourselves sitting in their plush livingroom, with our religious beliefs, spiritual

values and message of love the topic of discussion for the remainder of the evening! With Emanuele sitting in the far corner of the room surrounded by the producer, his wife and his sister all listening intently to his testimony of meeting the Lord and the Family, I found myself talking to a top fashion magazine editor and being approached by a beautiful fashion model who sat down and opened her conversation with: "Tell me about your religious beliefs!" Evidently, our producer friend had briefed his guests in advance, as he was already aware of Jeremy and the Band's unorthodox "religion of Love"!

We were able to witness personally the whole salvation message to all the receptive people there and found many of them especially intrigued by the Endtime vision. The producer told Emanuele that he's been in such another world (i.e. business) for so long and had put God out of his mind for 40 years, but now wants to talk to Emanuele again personally about this! So, Lord willing, he will be visiting Emanuele and Rachel later this month!

As we left, both the producer and his wife extended warm invitations for us to return, and we thanked the Lord for how He had opened up the doors to be able to witness God's Love to such an important clique of people! And that night as we left their villa to head home to sleep on mattresses on the roof with our student friend, we praised the Lord for the exciting life we lead, being able to both abase and abound (Phil. 4:11,12)!

As Dad said in "Rags To Riches": "The most Gospel-neglected class are the rich and the intellectual... They're the ones who know that riches don't satisfy, and they're sick and fed up with it, and they want to help somebody..." (No. 211:1,10.)

So, it's gonna take not only the on-fire nationals to reach their own people, but certainly we need to cultivate a healthy sphere of influence through friends, fish and catacombers we are winning in the upper classes!

—Hosanna from 'Mideast News & Views'



(Illustration by Jacob Sailor from "Mtn. Island Villa Found" by Father David, No 63CB.)

VISIT TO MOUNTAIN ISLAND VILLA! by Rose

While in Cyprus, Phillipi and I dropped by Mt. Island Villa to see what had become of the place. It turned out that it is now being rent-

ed out as a summer house for tourists, and the Turkish Cypriot family who was staying there was very sweet and invited us in for coffee. I explained how I used to live in Cyprus and had a friend who had owned the villa and I was just curious as to what had become of it.

So we had a good visit on the terrace overlooking the sandy beach cove, especially with the older daughter who speaks English fluently and whose name is also Rose! She was very sheepy and interested in us and so we ended up explaining to her the full story of the villa, about Dad's recurrent dreams about it and how he finally found it on a visit to Cyprus. She really received it and agreed that she had heard of things like that happening. God bless her! She goes to the university in Istanbul, so we hope to see her there soon.

FAMAGUSTA: We also took a day to hitchhike to Famagusta to see what was happening there since the war. It was very quiet, as the city is still all closed up. It was the strangest feeling to look down the long stretch of beach lined with big hotels, knowing they were all empty!

The Turkish Cypriots there explained to us that they had invited the 30,000 Greek Cypriots who had lived there before to return to their homes until a settlement could be reached (just as Dad prayed they would), but their stubborn Greek leaders refused the offer!

In the Family on Cyprus, S. recently FF'ed the young Communist Party leader there. He got saved and now wants to live-in with the Family! He's a very potential labour

leader and translator as he speaks fluent English!

MIDEAST NEWS HIGHLIGHTS!

*In **Istanbul**, we were especially inspired to visit the radio station where Z. now works as disc-jockey with her own pop music radio show broadcasting in English to every continent of the world! Wow!

*Uriah and Katrina spent a month in **Bulgaria** on a scouting mission!

*In **Greece**, it is encouraging to note that we now have 10 live-in Greek disciples, as well as a number of up-and-coming Catacombers (compared to only two full-time disciples before the RNR)!

*In **Jordan**, the Family recorded a 40-minute TV show of Family music which was aired in Jordan, Israel and the West Bank. Through this and their radio shows, they've been able to reach 10-20 million people monthly!

*David Love and team recently arrived in **Marrakesh, Morocco!**

—Rose from 'Mideast News & Views'.

REMINDER! Homes in the Mideast Are SELAH!

So when travelling through that area, please don't drop in unexpectedly but notify the Home beforehand and arrange the best way to visit so as not to endanger them or their work. Also, please be dressed neatly and conservatively!

Also, please don't give out addresses of Homes in the Mideast to fish or friends, but rather send their addresses to the Home in their country. It is best to say you have "friends" in their country rather than a "Family of Love" as the Homes are selah!

Portugal Needs You !

by BERNARDO

—An influential businessman.

Dear Family,

Being Portuguese and a good and close friend of the Family, I have been asked by Christina, whom I now live with, to give my impression on how I feel you could best reach the Portuguese people.

As you probably know, for the last four years, Portugal has been going through some hard and mixed times, due to political, social and economic changes that resulted from a revolution, for which the people in general were not prepared.

The quick changes in our society have exhausted the people, both physically and morally, and so I believe that they would welcome any kind of guidance and help that would give their lives any amount of peace and happiness.

Since I met the "Family" about one year ago, I can think of nobody better suited, particularly as foreigners to whom the Portuguese are very open and receptive, to help these people gain this peace and happiness. It would make me very happy that my fellow countrymen would feel and understand a better life in your ways. For this, we need and ask for all the help you can give us.

Any of you willing to come here, should bear in mind that the Portuguese, not having a very high standard of living and education, and being quite conservative in their beliefs, would need a lot of time, patience, and hard work to be reached. Your outward appearance and behaviours will also be very important for

the readiness of your acceptance.

You can consider Portugal divided into three main areas: **North:** Very countrylike and conservative, but with many receptive and honest people; would have to be approached in a more calm and conservative way. The main city is Porto, the second largest in the country. This area is quite industrial and produces a lot of good wine.

Centre: Dominated by the capital city Lisboa and its surroundings is quite cosmopolitan, full of some of the best restaurants and night places in Europe, with a big floating population, and as such, more open to new ideas and means.

South: Mainly the Algarve province, completely turned to international tourism, with beautiful beaches and hotels, and many resident foreigners, mainly German and English. In this place, anything could happen and is accepted.

You should also bear in mind that the Portuguese have some very old, strong catholic ideas imbedded in them, and will always tend to reject strong shocks to their beliefs, but will easily be led to new approaches by kindness and patience, and especially by example. Also to your advantage is the fact that they have always believed that "what is foreign is better" or at least worth experimenting.

I do hope to see some new Family faces in this country soon. We need them!! God bless you for the enormous help I have received from you all. Much love, Bernardo.

Nursing Mothers: Did you know..?

(The following tips are taken from publications of "La Leche League", an organisation to enable nursing mothers to help one another. Our thanks to Diana in Illinois, USA for sharing this valuable information!)

1. Breast milk digests more quickly and easily than does cow's milk, so nursing babies are hungry sooner than those on a bottle. Therefore, most breast-fed babies prefer a 2-3 hour span from the beginning of one feeding to the beginning of the next, compared to the 3-4 hour span of a bottle-fed baby.

2. Nursing babies have "frequency" days when they nurse more often than usual, to bring in more milk for their expanding needs. Denying the baby additional nursings interferes with his efforts to obtain milk according to his growing demands.

3. If you nurse your baby within the first hour of birth and then on demand (every 2-3 hours), true milk will often appear in 24 hours rather than 3 days. The baby's weight loss after birth is also much less. At-birth nursing also promotes

contraction of the uterus and helps prevent excessive bleeding.

Breast engorgement is also lessened if not totally eliminated.

4. Don't discontinue breastfeeding because of "thrush"; a fairly common yeast infection identified by white spots or areas on the tongue, gums or inside of the cheeks of the baby.

A simple home remedy for thrush:

Dissolve a level teaspoon of baking soda (bicarbonate of soda) in a cup of sterile water. Firmly and thoroughly swab the affected areas of the baby's mouth with a cotton swab after each nursing. Use a fresh cotton each time and change the soda solution each day. Keep nursing and keep treating. It may take several weeks to disappear, but it does not bother the baby much, if at all.

If your nipples become sore as a result of thrush, the baking soda treatment can be used. Afterwards, a light coating of vaseline or lanolin will help prevent dryness. Exposure to a sunlamp or sunlight may help. A common-sense precaution is to avoid the sharing of toys with other



babies during their early months when everything goes into their mouths.

5. Love and lots of attention is what your newborn needs the most. Especially during the early weeks, he will need to spend much of his waking time in your arms to feel your warmth and closeness as he did before birth. (*Editor: Our new mothers, especially if they are nursing, should be relieved of most of their other responsibilities for the first month, in order to regain their strength, establish the milk supply and give their babies the full love and attention they need at this time.*)

**La Leche League Publications
The Womanly Art of Breastfeeding**

(166 pages, illustrated). \$3.50 softcover (also in French and Spanish), \$5.00 hardcover (English only) No postage fee on prepaid single copies!

When You Breastfeed Your Baby (6-page foldout). Helpful hints for the early weeks (English, French, German, Portuguese, Spanish and Japanese).

Many other publications & pamphlets available. List available upon request:

LLL ADDRESS

La Leche League International
9616 Minneapolis Avenue
Franklin Park, Illinois
60131 U.S.A.

(Compiled by Zorah Rabbit.)

DANGERS OF EXCESSIVE DRINKING DURING PREGNANCY!

The Family News staff has received several letters and news articles warning of the dangers of excessive drinking of alcohol during pregnancy. The alcohol, like other foods the mother eats, passes through the placenta and into the baby in the womb.

Studies have shown that excessive alcohol consumption can be damaging to the baby—just as excessive drinking is bad for anyone's health. In a letter from Judith in Geneva, Switzerland, she says:

"During my first pregnancy, I was very conscientious about nutrition, took vitamins, etc. and was completely nauseated by even the smell of alcohol, so I didn't drink at all. With my second, I was FF'ing nearly every night, drinking one or two drinks a night and often had wine at dinner. My second child has very frail health and has little resist-

ance to colds, etc.

"I have read some recent articles saying that pregnant women should not drink more than one or two drinks a week, because too much alcohol can affect the unborn baby. I believe this is something that pregnant girls should know and be warned about. Not that they should stop FF'ing, God forbid! But they should seriously limit —or drink juice!"

As Dad has said, anything in excess can be dangerous to your health! If you do drink, why not stick to a glass of wine, sherry, port or a good beer and try to avoid hard liquor, especially during pregnancy.

As it says in "FF'ers Drinking Tips" by Carlos in FN Vol. 1, No. 1: "**Better safe than sorry, and when you take into account that we have to be ever mindful of the sample we give others when we go out, better healthy and sober!" —Happy Hookin'! WLY!**

CLASSIFIED ADS!

Help needed in North Portugal!
We're pioneering this almost un-
touched area and desperately need
at least two sisters with experience
in FF'ing and/or provisioning and
music. If you feel led, please con-
tact: Paulo N., Apartado 75, Viana
Do Castelo, Portugal.

Wanted: FF'ers in Athens, Greece!
Outreach to Greeks and travelling
businessmen and Arabs. Please send
photo and burdens to: Mark & Lily,
C.P.O. 220, Athens, Greece.

**Wanted: Labourers to re-pioneer
Sendai, Japan!** There are only two
of us here now! Please contact:
The Family of Love, Sasaki Hideko,
Sendai C.P.O. Box 16, Sendai City,
Miyagi Ken, Japan. —Love, Michael
Newlife & Rebecca Almond.

**Wanted: Words & Chords to songs
not in the Aaron Memorial Song
Book!** If your song is on tape but
not in the Songbook, please send

with words and chords to Wild Wind
Tapes, c/o N.K. Higgs, B.P. 3191,
31027 Toulouse, Cedex, France.
We will share with the Family!

MATE WANTED! Ever since the
RNR, I've never had a love life and
most of the time no sex life. But I
am at a dead end because I need
both! My name is Hananiah, age
27 and joined the Family in '71.
I'm a litnesser, street musician and
FF'er, but I really need a bait and
a mate! Are you feminine but
physically strong enough to push a
wheelchair? Would it bother you
to be mated to a man under five
feet tall? Are you single? Do you
have children? When and where
can we meet? Please write: Bob
Greig, Box 213, Hurtsville, N.S.W.,
Australia 2220.

*(Editor: God bless, Hananiah, who
although severely physically handi-
capped, has been faithfully serving
the Lord for the past seven years!)*

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