

# Notes from Naomi!

Teen Trainee Records (Age 14:)  
Jewels from  
Sara's Pow-Wows!

Once you leave the Folks' Home, you won't have to do everything the exact same way that we do it here, because you'll have to abide by the rules & schedule of the Home you are in.

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Big starchy snacks between meals just fill you up temporarily & then you're not hungry enough to eat a full good meal. Unless you're a "mini", you can get fat on starchy snacks. Balanced meals keep your weight in balance! Mid-morning snacks aren't necessary if you eat a good breakfast.— Drink more water between meals!

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(About fidgeting:) You can't stop it without the Lord. It's a bad habit you need to pray against, but also, if you don't try harder & cooperate & go on the attack against it, pretty soon you'll just give up. When you have Jesus to help you, you can do all things. (Ph.4:13) You need to really pray about it today at nap time & claim specific verses & go on the attack! You can't, but He can!

## Bible Verses on FIDGETING

Be still, & know that I am God.  
Psa. 46:10a

As thy servant was busy here & there, he was gone. 1Kgs.20:40a

Therefore, my beloved brethren, be ye steadfast, unmovable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord. 1Cor.15:58

That ye study to be quiet, & to do your own business, & to work with your own hands, as we commanded you. 1Thes.4:11

...Let him labour, working with his hands the thing which is good...Eph.4:28

Their strength is to sit still.  
Isa.30:7

In quietness & in confidence shall be your strength. Isa.30:15b

Stand in awe & sin not; commune with your own heart upon your bed, & be still. Ps.4:4

Peace, Be still! MK.4:39b

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Being interested in notes & papers that are not yours & trying to listen to others' conversations are some of the worst security problems you can have. If the Lord wants you to know something, He'll tell you.—You don't have to eavesdrop. It's a breach in security, like having a traitor in your presence. The Enemy uses whatever bit of information you see or overhear to stumble & trouble you, because you were disobedient to do it in the first place.

The person most likely to breach security is not a quiet, prayerful person, but a nosy, talkative one. It's also pride—you want everyone to know you know something they don't, or you think you deserve to know.

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Our main goal for devotions is to get everyone inspired for the day. You should really get ahold of the Lord before coming in to lead devotions! Pray about it the night before, or get up a little early & get prayed up.—Try to think of some new idea to do! The person leading can either give the main prayer or choose someone else to pray, but don't choose someone for everything, like one person for opening prayer, another person for leading memory & review & another for closing prayer, etc. That's not leading & not inspiring the body. The most important thing in devotions is the Word time & prayer

"AND AS THY SERVANT WAS BUSY  
HERE & THERE, HE WAS GONE..."

1 KINGS 20:40



time, not announcements, & chit-chat, etc. Sing an inspiring little song at the end!—Pray & ask the Lord for a song with a message that we really need & that will inspire the whole body! Pick new songs, don't just keep repeating the same old ones. Comment & encourage everyone for their cheery attitudes or nice smiles or good job on review, etc. It's your enthusiasm & inspiration that will inspire everybody for a whole day in the Lord's service!

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A real important lesson is on how to organise your time. Stop & assess your days & if you're not getting things done, ask yourself why! Do you have a good schedule to follow that gives time for all your jobs & wordtime everyday of the week?

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If you space out during your word time & miss the Mo Letter, you need to ask for prayer against it. If you're not tuned in to the Lord, then who are you tuned in to?—The Devil! He can't stand the Word & will try to distract you from reading it. You need to read "Daydreaming!" again & fight & claim verses on it & win a real victory over it. Write out verse cards of good promises to claim & post them in the room for reminders!



You are here to learn & should be taking samples from the people here in being willing & yielded & eager to obey & serve the Lord in every way. We are all unprofitable servants & should do that which is our duty to do! (Luk.17:10) Trust & obey to be happy in Jesus!

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When we turn on a video, it's not time for personal opinions & comments. If you're not mature enough to watch edifying & approved System videos, then you'd better go read your Bible or MOPs. It's not up to you to evaluate & judge. If you can't say something good & inspiring & can only criticise & find fault, then don't say anything at

all. Your comments & question are very welcome if they're positive & relate to the message of the video, but please don't criticise & pass judgement.

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### Verses & Quotes on Idleness

"Idleness is the Devil's workshop! If your mouth is idle, he'll use it. If your mind is idle, he'll use it. If your imagination is idle, he'll use it. If your hands are idle, he'll use them. So if your tongue is idle, he'll use it, or try to. Get'm busy for the Lord: Sing, pray, praise the Lord, quote Scripture, or at least think about it if you can't do it out loud wherever you are, or get busy with the work you have to do."--Count Your Blessings, ML #129

"For we hear that there are some which walk disorderly, working not at all, but are busybodies. Now them that are such we command & exhort by our Lord Jesus Christ, that with quietness they work." (2 Thes.3:11,12)

"And withal they learn to be idle, wandering about...& not only idle, but tattlers also & busybodies, speaking things which they ought not." (1 Ti.5:13)

"Not slothful in business, fervent in spirit, serving the Lord. (Ro.12:11)

"Slothfulness casteth into a deep sleep, & an idle soul shall suffer hunger. (Pro.19:15)

"Every idle word that men shall speak, they shall give account thereof in the day of judgement." (Mt.12:36)

(See also Pro.31:27; Ez.16:49)

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If it's hard for you & breaks your bottle to speak & praise in tongues, that means your bottle is getting old & you need to go on the attack & break out of yourself! Don't compromise! Don't settle for less than the best! Love up Jesus real good! Go all the way with Jesus! It even inspires others to do the same! If you're going to be leading prayer for others, you need to be full of the Spirit & be a sample. If you're having a battle with it, just rebuke the Devil, even out loud! Prayer is the time to get out of yourself more than ever. Learn to speak in tongues privately, speak in tongues before you read, when you rebuke the Devil, etc. It really gets you out of yourself! You shouldn't really have any inhibitions about it because you were raised your whole life in the Family. Where the Spirit of the Lord is, there is liberty! Hal!

(After reading "Alice In the Magic Garden":) This Letter is about sowing dissonance & disagreement & evil. Sowing discord among the brethren is an abomination to the Lord. (Prov. 6:19) Alice's original intention was naughty, but she had real sin in her heart that caused it. Grandpa often asks, "Why did you do that? What were you thinking at the moment you did that? What sin was in your heart?" after we've made a big mistake. It was just little evil seeds that caused all that trouble. You may think it's just little, but it can cause a lot of trouble. There had to be some purging & fire & burning to get rid of the bad in order to bring on the good. Little seeds can grow into huge problems & make a way for big wicked giants to take over, so beware!

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When you do reactions, they should be a personal report from your heart. Don't say, "We had a really good talk. The adult said this & this & this." Don't preach the sermon again! We already know all that was said!—But we want to hear you applying the lessons to yourselves. It's more humbling & helpful! What did the lesson teach you personally? How can you put it into practise? What did it do for you?

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When you are assigned to do something, you should take it more seriously & write it down & do it! Once we tell you, the ball's in your court & you shouldn't have to be reminded after that. You've become responsible when someone gives you something to do & you write it down & you do something about it, you faithfully carry out that order. Even make signs to help you remember if you need to.—That's taking responsibility! You need to take these physical things more seriously, because once you're given the job to do, we're depending on you to do it!

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Let's try to be more "fervent in spirit" when you do your work & work more wholeheartedly. Sometimes you girls all look so uninspired when you're working. "Whatsoever thy hand findeth to do, do it with thy might." (Ecc.9:10) Time even goes by quicker if you're working with your whole heart.

Be prayerful too! It's part of being

responsible when you can pray & ask the Lord things for yourself & not ask us so many questions. It's just laziness & lethargy, because you don't want to have to get your answers from the Lord yourself or even from your notebooks! You've got to be more fervent in spirit, then you get diligent in business. Being fervent in spirit is the key!

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An adult is someone who's responsible. A leader is someone who can be trusted to carry out their job & teach & inspire others to do the same. They'll obey the Lord & the Word & the Folks & inspire others to do the same.

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(Sara told us the story of the Truth Revolution team, how Don was so antagonistic & self-righteous.) But we can all be like that, just not outwardly.—You can think & believe like that in your heart. When someone tells you something, you may not say outright, "No, I don't like that idea." But if you even say, "Yes, Ma'am," but still think they're wrong in your heart, it's just as bad, if not worse, because you're hiding it.

(The baby has some gas.) Just like whatever I eat passes through my milk & shows up in the baby & she has to sometimes suffer for my mistakes, in the same way, my own simple & spiritual sins, self-righteousness, pride, etc., can also show up in my child. Your input shows in your output.—if you're full of yourself or sin or your own ideas, you'll show it by your fruits. If you're really full of the Word & close to the Lord, it'll show up in you too.

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How you behave in the other bedroom when you're not right under our noses shows how you'll behave when you leave here. You're so blessed now—you don't have to decide what to do, it's all written up for you & all you have to do is follow, but what will you do once you leave here? What & how do you do when adults are not around? What a person does in his freetime, or time away from overseers, shows what kind of person he really is.

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Any adult who wastes his or her time again & again by repeating himself is doing you harm by not enforcing his word. You deserve punishment if you outright disobey & don't follow through on orders or instruction. You'll learn to be lazy, sloppy, disobedient, disrespectful, unfaithful & even worse if you don't learn to heed warnings, follow orders & "obey right away!"